

Many area businesses have been struggling to find space large enough to accommodate meetings and gatherings in the current environment. At Pier 55 our large Community Room has been the solution for many. If you are interested in getting more information on keeping participants/guests safe and following COVID19 social distancing guidelines contact rwaspromgram@gmail.com for rental options, pricing, availability. No membership required!



- Rent by the hour.
- Easy access parking.
- Restaurant located in Building.



Contents

COVID19.....	2
COVID19 Checklist.....	3
Annadee's Closet.....	4
Coloring Contest.....	5
Fitness and Fun.....	6
Fitness and Fun.....	7
We Love Our Pets Photo Op!.....	8
We Love Our Pets Photo Op!.....	9
Services.....	10
Entertainment/Games.....	11
Support Services/Uncle Doug Walk/Run...12	
Toot!Toot! And Board.....	13
Membership.....	14
Calendar.....	15

FOOD WITH FRIENDS!



Featuring menu choices from Rancho Loco and Stockholm Pie Shop and Café.
See insert for order from, pricing and menu choices.

Pre-registration and payment is required.
No membership required.

Due to COVID-19
precautions, our hours
and operations have
changed; however
WE ARE OPEN!



Pier 55 is opening with limited hours of operation and following COVID19 guidelines.

Hours of Operation **(August)**

Monday's 9am to 2pm
Wednesday's 9am to 2pm
Friday's 9am to noon

COORDINATORS: If you are a volunteer group or club coordinator and would like to start having meetings again in person or share virtual meeting information with your group please contact Kim at rwasdirector@gmail.com or call 651-327-2255.

- ⇒ We will have limited staffing during this time.
- ⇒ Your temperature may be taken.
- ⇒ Wearing a mask is required **(Other than AOA class)**.
- ⇒ The atrium space is available with adherence to social distancing and mask wearing.
- ⇒ Groups that are able to maintain social distancing and meet will be required to bring their own coffee in disposable cups. During this phase Pier 55 will not be offering coffee or water.
- ⇒ Only groups that are able to maintain social distancing can meet. No cards and no games at this time. The Cyber Room and Board Room are closed. For this phase in reopening, the large community room will be the only room in operation.
- ⇒ Our gift shop will return to normal operation and is open during our newly scheduled business hours.
- ⇒ Medical equipment lending is available during business hours.
- ⇒ Free shredding for members is open during business hours.
- ⇒ Puzzle and book exchanges are open during business hours.
- ⇒ Bike and Nordic Pole borrow is free and available for members during business hours.
- ⇒ There will be one hour allotted between room usage to allow for cleaning and sanitizing rooms.

If you have additional questions about a certain class, group or club that you normally attend please see that specific section in the newsletter for more guidance.

Please use the following self-checklist before you visit Pier 55 and if you reply **YES** to any of the questions in the checklist, stay home!

- Do you have a **Fever** (temperature over 100.30F) without having taken any fever reducing medications?
- Do you have a **Loss of Smell or Taste**?
- Do you have a **Cough**?
- Do you have **Muscle Aches**?
- Do you have a **Sore Throat**?
- Do you have **Shortness of Breath**?
- Do you have **Chills**?
- Do you have a **Headache**?
- Have you experienced any gastrointestinal symptoms such as **nausea/vomiting, diarrhea, loss of appetite**?
- Have you, or anyone you have been in close contact with been diagnosed with COVID-19, or been placed on quarantine for possible contact with COVID-19?

Have you been asked to self-isolate or quarantine by a medical professional or a local public health official?

**LOCAL BUILDERS AND REAL ESTATE PROFESSIONALS
SPECIALIZING IN TOWNHOUSE CONSTRUCTION.**



CALL **651-388-4711**

910 MAIN STREET, SUITE 201
RED WING, MINNESOTA 55066



Sewert Construction Co., Inc.

**INTEGRATIVE
MEDICINE AND
HEALTH PROGRAM**

651-267-3506



MAYO CLINIC
HEALTH SYSTEM



- Organic Meats & Dairy
- Extensive Gluten Free Options
- Bulk Foods
- Supplements
- Health & Beauty



318 Bush St • Red Wing, MN
www.simpleabundanceredwing.com

651-388-0333

Locally owned since 2000

➤ Reach the Senior Market

ADVERTISE HERE

CONTACT

Contact Jeff Parkinson to place an ad today!
jparkinson@4LPi.com or (800) 950-9952 x5887

Live life simplified

In the heart of downtown Red Wing



Homes for adults 55+

651-385-3400 • downtownplaza.org





Do you know a student heading off to college this month?

Make sure to tell them about shopping at Annadee's Closet for future or other items they might need.



GOGREEN

Friday, July 14

Friday, July 28

50% off everything storewide with a GoGreen Bags \$5. Bags must be purchased prior to the sale date.

DEFENSIVE DRIVING COURSE

Since AARP cancelled all 2020 drivers classes, see below for an alternative option to receive your annual 10% auto insurance discount.

The Minnesota Safety Council is offering a Defensive Driving course online at www.minnesotasafetycouncil.org

The online course can be challenging, if you would like some assistance contact Tom Walsh rwaspresident@gmail.com



MINNESOTA
SAFETY
COUNCIL



Annadee's August 2020 Sales Calendar

Sun	Mon	Tue	Wed	Thu	Fri	Sat
 Annadee's Closet RED WING AREA SENIORS Annadee's Closet 321 Potter St, Red Wing 651-388-7031 Tuesday 10-4 Wednesday 10-4 Thursday CLOSED Friday 10-2 Saturday 10-2 <u>Donation Hours:</u> Tuesday 10-3:30pm Wednesday 10-3:30pm Thursday CLOSED Friday 10-1:30pm Saturday 10:00-1:30 pm						1 OPEN
		4 KIDS DAY Clothing and Toys 50% Off	5 All Purses \$2.00 BOGO	6 *	7 Furniture 50% Off	8 OPEN
		11 LINEN 25% OFF	12 All Pillows BOGO	13 *	14 GO GREEN	15 OPEN
		18 Women's Dresses & Skirts 50% Off	19 ALL LIGHTING 50% OFF	20 *	21 PIER 55 MEMBERS 50% OFF	22 CLOSED
		25 WOMEN'S SANDALS BOGO	26 LINEN 50% OFF	27 *	28 GO GREEN	29 OPEN

Gloria



4th Annual Spring Coloring Contest Winners

Mary



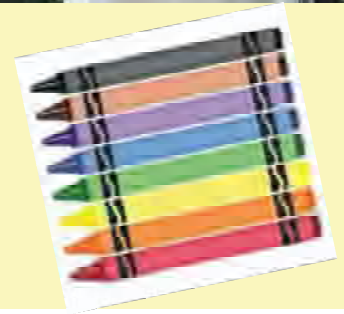
Lynn



EVENT SPONSOR



651.345.4828
Lake City, MN



You're Retired. Your Money Isn't.

You can rely on Edward Jones for one-on-one attention, our quality-focused investment philosophy and straight talk about your financial needs.

Contact an Edward Jones financial advisor today.



Paul M Reding, AAMS®

Financial Advisor
910 Main Street
Suite 105
Red Wing, MN 55066
651-388-1762



Conor J Smyth, CFP®

Financial Advisor
205 East Avenue
Red Wing, MN 55066
651-388-6286



Mike Dube, AAMS®

Financial Advisor
139 Tyler Rd South
Red Wing, MN 55066
651-385-7681



Michael Hosfeld

Financial Advisor
910 Main Street, Ste. 203
Red Wing, MN 55066
651-800-2032



John L Lang, AAMS®

Financial Advisor
1215 North 7th Street
Suite 100
Lake City, MN 55041
651-345-2525



Matthew Theis

Financial Advisor
211 Bush Street
Red Wing, MN 55066
651-212-6682



Steven P Beech, AAMS®

Financial Advisor
525 Bush Street
Red Wing, MN 55066
651-388-8895

Edward Jones®
MAKING SENSE OF INVESTING



JORDAN TOWERS

"A Good Place to Live, A Great Place to Call Home"
NOW ACCEPTING APPLICATIONS

Please contact 651.388.7571

Red Wing Housing & Redevelopment Authority

428 W. 5th Street, Red Wing MN 55066

www.redwinghra.org



ST. CRISPIN
LIVING COMMUNITY
Benedictine Health System

651-388-1234 | www.stcrispinlivingcommunity.org



VIRTUAL YOGA

Senior Yoga for Healing Classes:

Mat Class: Tuesdays 9:30 a.m. – 10:45 a.m.

Chair Class: Wednesdays 2:00 p.m. – 3:00 p.m.

Instructor: Michele Hoffman, C-IAYT Certified Yoga Therapist

Cost is \$50 for a punch-card of 6 classes

For more than 20 years Michele Hoffman has been working with seniors to help them stay healthy, flexible and strong in order to live their best lives. Michele is a yoga therapist at Mayo Clinic Health System in the Integrative Medicine and Hospice departments where she has practiced yoga therapy for the past ten years.

Michele's classes are therapeutic in nature and focus on personalized yoga instruction, geared to seniors. Michele checks in with each student to find out how they are feeling and designs a class that meets the needs of the students on that particular day. Classes will also focus on decreasing stress, elevating mood, and increasing immune function and breathing capacity.

Classes are taught on-line via Zoom and in-person in the Community room at the senior center. In-person classes will observe Mayo Clinic Health System guidelines for COVID-19 safety: limiting participation to 10 people to observe 8-10 feet social distancing and masks will be required.

Call Michele at 651-301-1781 or email: to register:
Senior Yoga Mat Class: Every Tuesday 9:30 a.m. – 10:45 a.m.

Michele Hoffman presents: Learn about the many benefits of Yoga Therapy

The "Yoga Therapy: Beyond the Studio Summit" is a free **on-line event** hosted by Global Yoga Therapy Day. The summit features over 40 presenters from around the world on such topics as Yoga Therapy for PTSD, Yoga Therapy for Chronic Pain and Yoga Therapy in Cancer Care.

Michele Hoffman, C-IAYT, yoga therapist, at Mayo Clinic Health System, will be speaking on Yoga Therapy and Hospice Care on **August 14th at 3:00 p.m.** To register for her talk and any of the other presentations, visit : <https://global-yoga-therapy-day.heysummit.com/>

Virtual Fitness Classes

There are a lot of quality no cost fitness options being offered virtually. For more information about what is available and help to access it please visit our Red Wing Area Seniors Facebook page or contact Kim for more information.





Active Older Adults Fitness (AOA) S&F

Mondays, Wednesdays

9 a.m. • Cost: \$25/10 classes

Instructor: Kim Wojcik

COVID19 guidelines will be adhered to during class and within the facility. Participants will be spaced 6ft apart and all equipment will be wiped prior to and after usage. Masks are recommended entering the room but are not required.

Kim will take attendance no sign in required.

Enjoy a complete workout with cardio-respiratory, strengthening, balance and stretching components, mixed with variety and fun!

Cost: \$2.50 per class; \$5 non-members

10-class punch cards are available for members only



YOGA IN THE PARK WITH SHEILA AND JESSICA

Wednesday's 11am , Yoga with Jessica/ Sheila at Bay Point Park

Sponsored by Pier 55

Open to YMCA members or Pier 55 Punch Card Holders

Friday's 11am, Yoga with Sheila at the Levee,

Sponsored by Red Wing YMCA

Open to YMCA members or Pier 55 Punch Card Holders

\$4 per class for members, \$6 non-members; 10-class punch cards Purchase your punch card at Pier 55

YOGA- CHAIR ZOOM

Wednesday's and Friday's

9:00am to 10:00am

Sponsored by the YMCA

Open to Pier 55 members

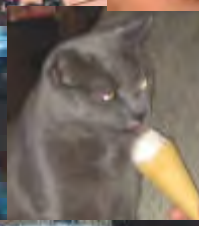
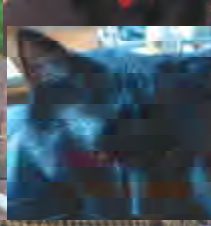
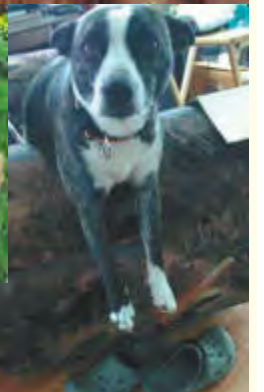
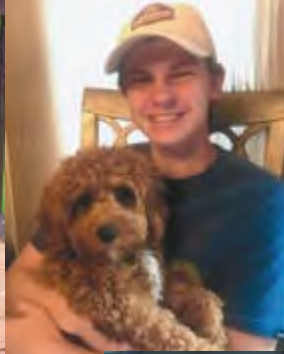
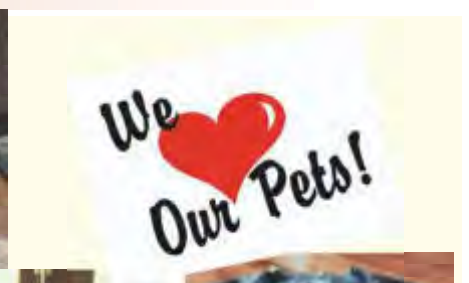
Class opens at 8:45am for visiting

Email to register or get more information:

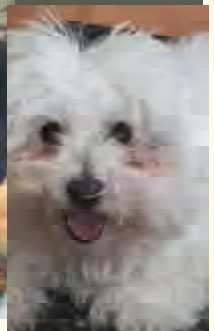
sheilabeckner@yahoo.com

*"Thank you for sharing your time with me.
Be safe, be well, be you!"- Namaste Sheila*





Max Birkenmayer






Randys

Join our 60 plus Club. Get \$4 Off with fully punched card.
Double Punches on Wednesday!



Potter Ridge
Assisted Living Community
(651) 388-1546
1971 Neal Street • Red Wing, MN
www.wtohddevelopment.com

LIBERTY'S
RESTAURANT & LOUNGE
In historic Downtown Red Wing, MN

serving breakfast, lunch, & dinner since 1975

Lounge ~ Catering Pizza ~ Prime Rib
Steaks ~ Seafood ~ Ribs

FULL MENU DELIVERY

651-388-8877

303 West 3rd Street, Red Wing, MN 55066
libertysrestaurant.com

OPEN 8AM DAILY



Collins
Wealth Management
"Building and Protecting Your Wealth"

2000 Old West Main
Suite 324
Red Wing, MN 55066

(651) 705-6998
(888) 385-2209



Registered Representatives offering securities through American Portfolios Financial Services, Inc. (APFS) Member FINRA/SIPC. Advisory services through American Portfolios Advisors, Inc. (APA), an SEC Registered Investment Advisor. Collins Wealth Management is not affiliated with APFS and APA.

Lawrence REALTY



0016771601

TOM BROWN SELLS HOMES.

Lawrence Realty, Inc.
610 Main St. | Red Wing, MN
651.385.5687
www.redwing.realestate



Mahn Family Funeral and Cremation Services

(651) 388-3343
Bodelson-Mahn Chapel
602 Plum St., Red Wing, MN 55066
www.mahnfamilyfuneralhome.com

INTEGRATIVE MEDICINE AND HEALTH PROGRAM 651-267-3506





NATIONAL ELDER FRAUD HOTLINE

Call 833-FRAUD-11
833-372-8311

Call if you have been a
victim of fraud and need support.

Technology Lab **OPEN -COMMUNITY ROOM**

Mondays • 1-2 p.m. • No cost

Tom and Judy Walsh will be in the Cyber Center to help answer your questions about computers, iPhones, iPads and digital cameras. If there's an application you want to try or are having some difficulty with, come talk to them.

Laptop Checkout **CANCELLED**

No cost- Need to use a computer? Members can check out lap tops to use on site. Sign out at the front desk.

Toenail Troubles?

Home foot care

Julie Tollison, RNC, C

651-380-1069, julietollison@gmail.com

Memory Bears

You can still order memory bears.

Call 651-327-2255 to leave a message and someone will get back to you.

Lifeline Drop-Off Site

If you no longer need your **Lifeline Medical Alert equipment**, we'll get it back to Lifeline for you. Free service activation coupons are also available. **If you are a new user, stop in for a \$50 coupon.**

Care Call-In

This service is offered to family for piece of mind and to make sure a loved one is safe. He or she telephones Pier 55 by 9 a.m. or we call to check in. For information call 651-327-2255. No cost.

Senior "Homework" for Minor Home Repairs

If you or a senior you know needs assistance with small repairs in the home, call Red Wing Area Seniors. Our volunteers may be able to assist at no labor charge. Talk with Program Coordinator Stef Braun, 651-327-2255.

Spanish Conversation Group **CANCELLED**

Facilitator: LaVoie House

Mondays and Fridays • 10:30 a.m.

Interested in brushing up on your Spanish or improving your speaking skills? Join this group at any time. Native speakers frequently attend as well.

Granny Blankets/Needlework **CANCELLED**

Every Wednesday • 1:30 p.m.

The Granny Blanket Group makes tied fleece blankets and knitted items that are donated to children and adults in need. We generate dollars to do this work by selling handmade items in the gift shop. **We welcome all.**

Medical Equipment Lending Program

Pier 55 is proud to offer this service to anyone in the community in need of medical equipment such as walkers, shower chairs, canes, wheel chairs. Equipment is lent at no charge, with an option for you to donate. Call for an appointment. 651-327-2255

Technology Assistance

Email Tom Walsh to set up an appointment for assistance with google, zoom, etc. No cost. rwaspresident@gmail.com

Many of you have heard about people using "ZOOM." ZOOM is a video webinar/a way to stay connected. If you would like assistance learning more about how to use this, contact Tom Walsh for assistance. No cost. rwaspresident@gmail.com Or leave a message at 651-327-2255 and we will get back to you to schedule an appointment.

Stroke Support Group **CANCELLED**

2nd Wednesday • 2-3:30 p.m.

Facilitated by Deb Howard, speech therapist
Stroke survivors and family members receive support and share information on stroke resources, caregiving, treatment advances, strategies and coping skills.

ATTENTION, CHESS PLAYERS CANCELLED

Regardless of your skill level, you're welcome at the Chess Club's every-Wednesday gatherings at 12:30 p.m. The club meets at Mandy's Cafe. No fees, and you can fuel up on "Joe" and treats.

BOOK CLUB FOR WOMEN CANCELLED

First Friday • 10:30 a.m.

Facilitator: Jane Whiteside

July 5: Rebecca by Daphne Du Maurier

August 2: The Lace Reader by Brunonia Barry

Sept. 6: The Distance Between Us by Reyna Grande

Oct. 4: The Girl With Seven Names; Escape from North Korea
By Hyeonseo Lee

Nov. 1: The Haunting of Hill House by Shirley Jackson

CLUB CHAMPIONSHIP BRIDGE CANCELLED

This will meet on the 5th Thursday of every month at 11:15am. Stop in or call for more information.

GANDY DANCERS TRAIN CLUB

The club can always use more model trains, tracks, engines and cars to add to its working train displays. For more information or to donate trains call William 651-983-2382

ALL GAMES AND CLUBS CANCELLED

Chinese Mahjong.....Mondays, 1 p.m.

American Mahjong

Euchre.....1st & 3rd Mondays, 12:30 p.m.

500.....2nd & 4th Mondays, 12:30 p.m.

Scrabble.....Wednesdays, 11a.m.

Puzzle Club.....Wednesdays, 1:00 p.m.

"Wild Woman" Cards CANCELLED

Thursday, July 11 and 25 • 9:30 a.m.

Remember canasta and "Hand and Foot"? Then you can learn this easy game. Guys are welcome. For information, contact Clare Cox, 763-420-5333.

DUPLICATE BRIDGE CANCELLED

Thursdays, July 18 • 11:15 a.m.

Looking for something fun and challenging for your mind? Bridge is a great game!

PUZZLE CLUB CANCELLED

Wednesday's at 1:00 pm

Also, check out the puzzle exchange area



WELCOME TO THE CONNECTED GOLDEN AGE

Enhance your GigaHome.
Easy-to-use services, free installation, and no contracts.

HBC
BECOME A CUSTOMER!
(888) 474-9995
- Restrictions may apply.

Women's Fitness Center
Partners With
SilverSneakers Silver & Fit
2311 Old West Main St. Red Wing
Call Delores:
651.388.9733 for details

BAY VIEW
NURSING & REHABILITATION CENTER



Care you can believe in!

For information call us at...
(651) 380-4047
1412 W 4th St Red Wing MN, 55066

VOGEL GORMAN & LODERMEIER, PLC
ATTORNEYS AT LAW Since 1935

George F. Vogel
Richard D. Gorman
Adam J. Lodermeier

454 W. Fourth St. • (651) 388-2833
vogelgormanplc.com

ALBERS
AUTO BODY
Scott King
Body Shop Manager
Family Owned

FREE ESTIMATES!
2398 Old Zumbrota St
Red Wing, MN
651.388.4674
C: 651.380.7305
AlbersAutoBodyRW.com

VILLAGE COOPERATIVE
OF RED WING

Cooperative Housing for
Quality Living

Community of Friends
and Neighbors

11 Floorplans: 1Bdr, 2Bdr
2533 Eagle Ridge Drive
651-388-2029
www.villagecooperative.com/
red-wing-mn

WE'RE HIRING
AD SALES EXECUTIVES



• Full Time Position with Benefits
• Sales Experience Preferred
• Paid Training
• Overnight Travel Required
• Expense Reimbursement

CONTACT US AT: careers@4LPi.com
www.4LPi.com/careers



UNCLE DOUG'S 70th B-DAY WALK/RUN

**RUN FOR BELIZE!
AUGUST 13, 2020
Start time 9:00am**

*Pioneer Road and
(county 66 Blvd) Red Wing, MN*

Many friends and family members in at least 8 states and 3 countries may be running, walking, or biking at varying times on the same day at venues closer to their homes.

Running for a Cause:

Since 1993 the Belize Mission Project (BMP) has brought teams of health care professionals to Belize. This year's mission is cancelled because of the pandemic. Their services must be postponed.

However, the pandemic "lock down" has caused economic hardship for those whose livelihood is primarily based on the tourism industry.

Awareness/fundraising activities are helping to provide short term emergency help for our friends mostly in San Pedro, Ambergris Caye

To Donate: See links at bottom of page

I realize in these stressful times each of you have your own needs and causes. I just want as many of you as able to run /walk or perform another activity in the spirit of togetherness on my 70th birthday -

DB

www.belizeproject.com

[https://www.facebook.com/
Belize-Mission-Project](https://www.facebook.com/Belize-Mission-Project)



Transportation:

Safe and affordable rides
hart- Miles and Miles of Positive Impact
1-866-623-7505
hart@threeriverscap.org

NAPS: Nutrition Assistance Program for Seniors

Tuesday, July 16th- 9:45 - 10:15 a.m.

Women and men 60 years or older, who live in Minnesota and meet income guidelines, may be eligible to receive a monthly food package. Pier 55 is a distribution site. For more information and to see if you qualify, contact **Channel One Food Bank** toll-free at 1-877-500-8699, ext. 104.

Parkinson's Support Group **CANCELLED**

Watch for information about September meeting

Facilitated by Pat Kernan & Patrice O'Reilly

The group welcomes family, caregivers or anyone who has Parkinson's. Join us.

Grief Support: Coffee & Good Company

2nd & 4th Tuesdays • 10 a.m. CANCELLED

Casual, drop-in support for those who have lost a loved one. We're on the third floor of the Mayo Clinic Health System/Red Wing Professional and Community Center, 1407 W. 4th St. For information, call Kathy Bang at 651-385-3412.

Notary Public - Shirley Perkins

Shirley can notarize your important papers including wills and health care directives. Donations for this complimentary service are gratefully accepted for members. There is a \$25 fee for non members. Talk to Shirley to schedule an appointment.

Problems? Talk to Bruce McBeath, Ph.D.

Dr. McBeath is a clinical psychologist working with Goodhue County Social Services. His special interest is helping seniors deal with emotional stresses. Initial consultations are free. Call to schedule an appointment: 651-380-5042.

Advocacy Services

Carla Pearson, licensed Social Worker and Advocate for Older adults and Caregivers with Three Rivers Community Action, can assist those 60 and older and their families with information, referrals, and resources to keep independent. Have a question? Call Carla at 507-732-8528.

Faith in Action **CANCELLED**

Caregiver Support group



Lots of members are taking advantage of our free shredding service.

On this visit, Grace agreed to model the swag bag provided by UCARE. These bags are being given to any area health care worker that utilizes the three pieces of scrub clothing given to them via Annadee's Closet.

BOARD AND STAFF

Directors

President. Tom Walsh
Vice-President. Jeff Marcus
Secretary
Treasurer Rose Burke
Dennis Koenig Char Rogness
Doug Blakesley

Staff

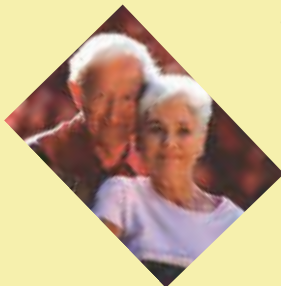
Kim Wojcik Executive Director
 Stef Braun..... Program Coordinator
 Shirley Perkins..... Administrative Asst.
 Jolene King..... Annadee's Manager
 Mary Machnik... Volunteer Gift Shop Manager
 Doug Blakesly.....Talent Acquisition Volun.

Email addresses

Kim Wojcik.....RWASdirector@gmail.com
Stef Braun.....RWASprogram@gmail.com
Shirley Perkins.... RWASassistant@gmail.com
Jolene KingRWASstore@gmail.com



Both of our homes are small, Valentines is home to 16 seniors and at Loving Residence, 10 seniors call it home. When you enter Valentines or Loving Residence you will understand why we call it home. You won't be greeted by massive staircases, large meeting areas or dining rooms that can accommodate a hundred or more diners. Instead you will find and feel a sense of home. Our locations are staffed 24 hours a day with trained/qualified caregivers under the supervision of an RN.



Call Sandy McDonald for your personal tour today!

Office: 651-388-1650

sandy@valentinesllc.com • www.valentinesassistedliving.com

Valentines
2557 Eagle Ridge Dr.
Red Wing, MN 55066

Valentines Loving Residence
1760 Perlich Ave.
Red Wing, MN 55066



**1264 Old West Main St.
Red Wing, MN 55066
(651) 388-6060**



Tom Heffernan Ford
See our New & Used Inventory online at
www.TomHeffernanFord.com

651-345-5313

310 N Lakeshore Drive • Lake City, MN
Senior Citizens Spoken Here!

ALIVEO MILITARY MUSEUM



FREE ADMISSION

Open Fridays & Saturdays 10 a.m. - 4 p.m.

Collections of International Military Memorabilia & History on Display

(651) 327-1569 | 321 Bush Street | Red Wing, MN 55066 | www.AliveoMuseum.org

➤ Reach the Senior Market

ADVERTISE HERE

CONTACT

Contact Jeff Parkinson to place an ad today!

jparkinson@4LPi.com or (800) 950-9952 x5887



LET US KNOW.....

- If you are moving to a different address, PLEASE notify us. Bulk mail cannot be forwarded.
- If you would rather receive the newsletter via email.
Contact: Shirley Perkins

**Thank you
to the following for renewing their
memberships:**

Lynn Anderson	Mary Celt
Dave & Marvis Birkenmayer	Teri Clynh
Susan Crocker	Jeanne Duffing
Laura Efterfield & Jerry Brown	Bruce & Doris Geary
George & Rose Hintz	Janet Hoffmann
Nancy & Delbert Johnson	James & Karen Key
Lois Klindworth	Ralph & Dianne Korfhage
Mart & Marsha Lind	Marlys Long
Marlys Mlchalik	William & Kathleen Naseth
Barb Roschen	Ann Whipple
Naomi Lenway	Sharon Marty
Sandy O'Neil	John & Moni Ostberg
Chris & Dave Riley	Joseph Trost
Darrell & Carole Steffenhagen	Vic & Sheryl Voth
Jessie Berg	Karen Chalmers
Daryl & Ann Marie Duden	Dan & Joyce Erz
Phyllis Hendrickson	Ron & Kay Kuhlmann
Phyllis Kullberg	Jan Langhans
Jane LaRonge	Dick & Jackie Solheim

**Welcome to the following new members of
Red Wing Area Seniors, Inc.**

Lona & Mike Bignell	Denny Yecke
Joann Anderson	Char Sloan
Doug & Lynn Moseng	

MISSION

**Empowering active living
and lifelong learning**

ABOUT US

**Red Wing Area Seniors at Pier 55 is open to all.
The facility is handicapped accessible. No one
shall be refused access to programs because of
race, religion, sex, age, color, economic status or
disability.**

Pier 55 Membership!

Your membership will provide you with:

- ♦ Discounts on trips and programs
- ♦ Discounts at Annadee's Closet
- ♦ Monthly newsletter *Senior News*
- ♦ Educational & recreational opportunities
- ♦ No cost shredding
- ♦ No cost bike borrowing

Name(s) _____

Address _____

City _____

State _____ Zip Code _____

Telephone _____

Would you like to receive your newsletter by
Mail _____ Email _____

Email Address _____

Birthday(s) _____

New Member _____ Renewal _____

_____ **Individual Membership: \$37**

_____ **Household Membership: \$62**

(2 people to a Household)

Additional donations greatly appreciated.

Red Wing Area Seniors, Inc.

240 Harrison St, Suite 2, Red Wing, MN 55066



Like us on Facebook. We have changed our page. You may have to 'like' us again.
[Red Wing Area Seniors](#)

Calendar of Activities

August, 2020



Mon	Tue	Wed	Thu	Fri
				1
3	4	5	6	7
9am Potter Coffee 1pm Tech Lab	CLOSED	9am AOA 11am Yoga in the park	CLOSED	
10	11	12	13	14
9am AOA 1pm Tech Lab	CLOSED	9am AOA 11am Yoga in the park	CLOSED	
17	18	19	20	22
9am AOA 1pm Tech Lab	CLOSED	9am AOA 11am Yoga in the park	CLOSED	
23	24	25	26	27
9am AOA 1pm Tech Lab	CLOSED	9am AOA 11am Yoga in the park	CLOSED	
31				
9am AOA 1pm Tech Lab				





Published monthly by
Red Wing Area Seniors, Inc.

240 Harrison Street, Suite 2
 Red Wing, MN 55066

ADDRESS SERVICE REQUESTED

NON PROFIT ORGAN.
 U.S. POSTAGE
 PAID
 Permit #134
 Red Wing MN

Give your loved one the gift of quality care in familiar surroundings. Give them the gift of Vintage Home Care.

Vintage Home Care

Serving Red Wing, Lake City, Northfield, Hastings
 and the surrounding areas



Companionship • Transportation • Personal Care • Meal Prep • Light Housecleaning • Bathing
 and Toileting Assistance • Medication Reminders and Administration • Post Hospital Care

2000 Old West Main St. Suite 328, Red Wing, MN
vintagehomecare.net • 866-713-0287

Introducing Oticon Opn S.™

More natural hearing your whole day through.

Three-hour charging time for a full day of power, including streaming*

Quick Recharge 30 minutes for an additional six hours of power

Freedom from disposable batteries with state-of-the-art lithium-ion battery technology

*Lithium-ion battery performance varies depending on hearing loss, lifestyle and streaming behavior.



Mark Johnston
 Hearing Instrument
 Specialist



888-826-6447 | www.clearwavehearing.com
 2835 S Service Drive | Red Wing, MN 55066

The purpose of this hearing assessment and/or demonstration is for hearing wellness and to determine if the consumer may benefit from using hearing aids, which may include selling and fitting hearing aids. Products demonstrated may differ from products sold. Assessment conclusion is not a medical diagnosis and further testing may be required to diagnose hearing loss. The use of any hearing aid may not fully restore normal hearing and does not prevent future hearing loss. Hearing instruments may not meet the needs of all hearing-impaired individuals. Information within this offer may vary or be subject to change.



For ad info. call 1-800-950-9952 • www.lpseniors.com

Red Wing Area Seniors Inc., Red Wing, MN

F 4C 02-1019