

## CURBSIDE PICKUP



See inside for registration flyers for our October Curbside Pick Up Event!

***Sack Lunch On The Go!***

Pre-registration and payment required.  
No membership required.

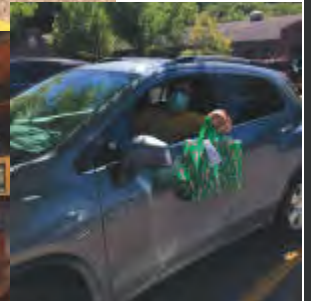
Next months newsletter (November) will include information on our December Event; ***Treat Take-Out and Delivery!***



Treats for this event will be provided by:  
**JENNY LIND BAKERY**

## August's Event

Thank you to those that made the August event a huge success!!



**So fun and simple  
we are doing  
it again!**

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**PHOTO OP!**  
Share a picture of the special pet in your life with a Halloween theme. Pictures received by Oct 16th will be featured in the November newsletter.

**We ♥ Our Pets!**



Email or mail pictures to:  
rwasdirector@gmail.com

Pier 55, 240 Harrison Street, Suite 2, Red Wing, MN 55066  
Att: We Love Our Pets

Due to COVID-19  
precautions, our hours and  
operations have changed;  
however  
**WE ARE OPEN!**

Pier 55 is opening with limited hours of operation following COVID19 guidelines

### Hours of Operation (Sept/Oct)

**Monday's 9am to 2 pm**

**Wednesday's 9am to 2 pm**

**Friday's 9am to 12 pm**

- ⇒ Your temperature may be taken. Wearing a mask is required (**Other than AOA class**).
- ⇒ Only groups that are able to maintain social distancing can meet. No cards, no games, no puzzle exchange at this time. The Cyber Room and Board Room are closed. For this phase in reopening, the large community room will be the only room in operation.
- ⇒ Our gift shop will return to normal operation and is open during scheduled business hours.
- ⇒ Medical equipment lending is available during business hours.
- ⇒ There will be time allotted between room usage to allow for cleaning and sanitizing rooms.

If you have additional questions about a certain class, group or club that you normally attend please see that specific section in the newsletter for more guidance.

**Please use the following self-checklist before you visit Pier 55 and if you reply YES to any of the questions in the checklist, stay home!**

- Do you have a **Fever** (temperature over 100.3F) without having taken any fever reducing medications?
- Do you have a **Loss of Smell or Taste?**
- Do you have a **Cough?**
- Do you have **Muscle Aches?**
- Do you have a **Sore Throat?**
- Do you have **Shortness of Breath?**
- Do you have **Chills?**
- Do you have a **Headache?**
- Have you experienced any gastrointestinal symptoms such as **nausea/vomiting, diarrhea, loss of appetite?**
- Have you, or anyone you have been in close contact with been diagnosed with COVID-19, or been placed on quarantine for possible contact with COVID-19?



**Have you been asked to self-isolate or quarantine by a medical professional or a local public health official? If yes, stay home!**



I thought it might be a good time to provide everyone with a quick snapshot of our organizational health to date. I am sure you are wondering how Red Wing Area Seniors (RWAS) is doing. I am happy to report that we have been able to maintain our entire staffing team! Annadee's Closet was able to remain open, stop by and see their new parking lot. Pier 55 reopened on July 13<sup>th</sup>. Since our reopening we continue to provide much needed services and connections to community seniors. Trips, in-house programming, events and fundraisers had to be scaled way down, which limited and continues to limit our ability to generate revenue from those sources.

Fortunately, we received a government PPP loan to offset 2 months of staff salaries. It is my hope that this loan may be forgiven. As many of you know, we lease space to Rancho Loco and they too have gone through difficult times, but have made some adaptations and continue to be open. This lease revenue is a major contributor to our organizations sustainability. Bonus, I can report that memberships are up!

It is with the support of our 800 plus members, donators, volunteers and staff that we forecast ending the fiscal year in a sound financial position.

As if 2020 wasn't already a rollercoaster; we need a new roof. We secured a loan to cover this large unexpected expense. We are grateful to the Red Wing Shoe Foundation for supporting this project with a \$5,000 donation. If you would like to contribute to this project, please contact Kim Wojcik (651-327-2255, [rwasdirector@gmail.com](mailto:rwasdirector@gmail.com)).

I continue to be grateful for the all things we are still able to do at Pier 55 and Annadee's Closet! Please know that when you see me, I am smiling behind my mask. :-)

*Kim Wojcik*, Executive Director

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CONTACT

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[jparkinson@4LPi.com](mailto:jparkinson@4LPi.com) or (800) 950-9952 x5887

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## HAPPY ANNIVERSARY

**HAPPY 2 YEAR ANNIVERSARY** to the extraordinary person behind the scenes, Linda Rehder. Linda started at Pier 55 in 2018.

**HAPPY 2 YEAR ANNIVERSARY** to our amazing Store Manager, Jolene King. Jolene started with Annadee's Closet in October of 2018.

**HAPPY 4 YEAR ANNIVERSARY** to the best Program Coordinator in the business, Stef Braun. Stef started at Pier 55 in September of 2016.

**Happy 5 YEAR ANNIVERSARY** to our fearless leader, Kim Wojcik. Kim started as the Executive Director in November 2015.



**HAPPY 18 YEAR ANNIVERSARY** to best of the best, Shirls Perkins. Shirls started with Red Wing Area Seniors in September of 2002.



You can now officially "park in the lines" at Annadee's Closet! A huge thank you the City of Red Wing for the wonderful new parking lot.



## Annadee's October 2020 Sales Calendar

Sun	Mon	Tue	Wed	Thu	Fri	Sat
 <b>Annadee's Closet</b> RED WING AREA SENIORS Annadee's Closet 321 Potter St, Red Wing 651-388-7031 Tuesday 10-5 Wednesday 10-5 Thursday Closed Friday 10-4 Saturday 10-2 Donation Hours Tuesday 10-4:30 Wednesday 10-4:30 Friday 10-3:30 Saturday 10-1:30				1	2 Luggage, Duffel Bags, and Backpacks 50% Off	3 OPEN 10—2:00
		6 Kids Day Clothing & Toys 50% Off	7 All Shoes BOGO	8	9 LINEN 25% OFF	10 OPEN 10—2:00
		13 Women's Jackets 50% Off	14 ALL PICTURES 50% OFF	15	16 Comforters & Blankets 50% Off	17 OPEN 10—2:00
		20 Furniture 25% Off	21 Halloween Decorations 50% Off	22	23 GO GREEN	24 OPEN 10—2:00
	25	26 OPEN MONDAY 10 AM TO 2 PM MENS CLOTHING 50% OFF	27 LINEN 50% OFF	28 All Baskets 50% Off	29	30 PIER 55 MEMBERS 50% OFF
					31 PIER 55 MEMBERS 50% OFF	31 CLOSED



THIS YEARS

# Annual Bazaar & Bake Sale Fundraiser

*Will be a bit different...*

**\*Everyone will be** invited to participate in a NO BAKE, BAKE SALE.

**\*There will not** be a Craft Bazaar.

**\*There will be** a huge sale in the Pier 55 Gift Shop (Saturday, November 7th from 10am to 2pm). All social distancing practices will be followed.



**\*There will be** a Christmas Tree Jubilee, with trees you can bid on and enjoy both in-person and via an online auction option.

(Thursday, December 3rd to Monday, December 14th)

**\*Lefse will be** sold pre-order only. Watch the November newsletter for details to pre-order Lefse.



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Financial Advisor  
205 East Avenue  
Red Wing, MN 55066  
651-388-6286



**Mike Dube, AAMS®**  
Financial Advisor  
139 Tyler Rd South  
Red Wing, MN 55066  
651-385-7681



**Michael Hosfeld**  
Financial Advisor  
910 Main Street, Ste. 203  
Red Wing, MN 55066  
651-800-2032



**John L Lang, AAMS®**  
Financial Advisor  
1215 North 7th Street  
Suite 100  
Lake City, MN 55041  
651-345-2525



**Matthew Theis**  
Financial Advisor  
211 Bush Street  
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### BLOOD PRESSURE CHECKS BY BRANDI

SPONSORED BY ACCRA

2nd Wednesday of each month from 10:15am to 11:15am at Pier 55

No cost, no registration, no membership required available

### Senior Yoga for Healing Classes:

**Mat Class: Tuesdays 9:30 a.m. – 10:45 a.m.**

**Chair Class: Wednesdays 2:00 p.m. – 3:00 p.m.**

**Instructor: Michele Hoffman, C-IAYT Certified Yoga Therapist**

**Cost is \$50 for a punch-card of 6 classes**



For more than 20 years Michele Hoffman has been working with seniors to help them stay healthy, flexible and strong in order to live their best lives. Michele is a yoga therapist at Mayo Clinic Health System in the Integrative Medicine and Hospice departments where she has practiced yoga therapy for the past ten years.

Michele's classes are therapeutic in nature and focus on personalized yoga instruction, geared to seniors. Michele checks in with each student to find out how they are feeling and designs a class that meets the needs of the students on that particular day. Classes will also focus on decreasing stress, elevating mood, and increasing immune function and breathing capacity.

Classes are taught on-line via Zoom and in-person in the Community room at the senior center. In-person classes will observe Mayo Clinic Health System guidelines for COVID-19 safety: limiting participation to 10 people to observe 8-10 feet social distancing and masks will be required.

To register: Call or email Michele at 651-301-1781  
Hoffman.michele@mayo.edu

The Women's Fitness Center is open for business. We have safety protocols in place to protect you when you join us. We are accepting SilverSneakers and Silver and Fit insurance programs, as well as private pay at a fantastic rate. Come work out with your friends and neighbors in a safe, secure and welcoming environment. We have many equipment and program options for you to take advantage of and will welcome any requests.

Women's Fitness Center is located at 2311 Old West Main (behind 4 Season's Sports). I staff the center Mon. Tues. Thurs. Fri. 8:00 am - 4:00 pm. Stop in and try us out, or call Delores for details at



### Virtual Fitness Classes

There are a lot of quality no cost fitness options being offered virtually. For more information about what is available and help to access it please visit our Red Wing Area Seniors Facebook page or contact Kim for more information.





## **Active Older Adults Fitness (AOA) S&F**

**Mondays, Wednesdays**

**9 a.m. • Cost: \$25/10 classes**

**Instructor: Kim Wojcik**

COVID19 guidelines will be adhered to during class and within the facility. Participants will be spaced 6ft apart and all equipment will be wiped prior to and after usage. Masks are recommended entering the room but are not required.

Kim will take attendance and no sign in is required.

Enjoy a complete workout with cardio-respiratory, strengthening, balance and stretching components, mixed with variety and fun!

Cost: \$2.50 per class; \$5 non-members



## **YOGA IN THE PARK WITH SHEILA AND JESSICA**

**(if weather is not permitting class meets at Pier 55)**

**Wednesday's 11am , Yoga with Jessica/ Sheila at Bay Point Park**

**Sponsored by Pier 55**

**Open to YMCA members or Pier 55 Punch Card Holders**

**Friday's 11am, Yoga with Sheila at the Levee,**

**Sponsored by Red Wing YMCA**

**Open to YMCA members or Pier 55 Punch Card Holders**

\$4 per class for members, \$6 non-members; 10-class punch cards Purchase your punch card at Pier 55

## **YOGA- CHAIR ZOOM**

**Monday's and Wednesday's  
8:00am to 9:00am (Sept 14th)**

**Sponsored by the YMCA**

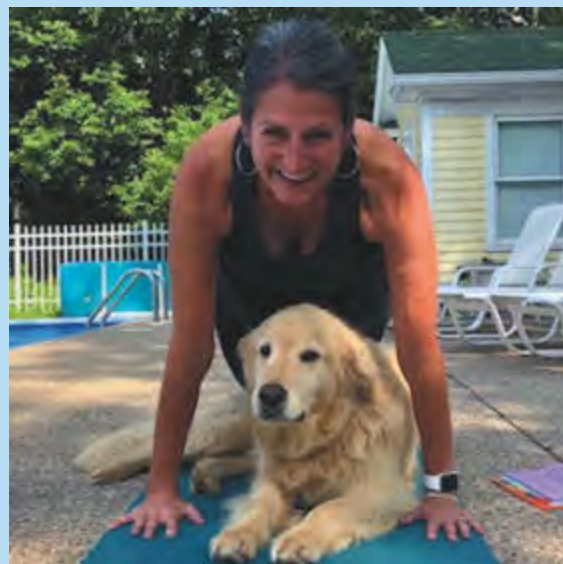
**Open to Pier 55 members &  
YMCA members**

**Class opens at 8:45am for visiting**

**Email to register or get more information:**

**[sheilabeckner@yahoo.com](mailto:sheilabeckner@yahoo.com)**

*"Thank you for sharing your time with me.  
Be safe, be well, be you!"- Namaste Sheila*



## YOUR OPINION COUNTS

Pier 55 was asked to survey area seniors in an effort to assess the community need or lack of need for a non-profit program which would provide grocery store delivery service (s). Please mark your answer and return this portion of the form to Pier 55. Drop completed forms at the front desk or mail to 240 Harrison St. Red Wing, MN 55066.

- 1) Would you have a use for a low cost local grocery delivery service? ☐ YES or ☐ NO
- 2) If yes, how often would you use the service? ☐ WEEKLY ☐ MONTHLY ☐ OTHER
- 3) If you would not use this service do you know someone that might? ☐ YES or ☐ NO

### WRITING CLASSES:

Register through Red Wing Community Education at [651-385-4565](tel:651-385-4565) or online at [www.rwps.org](http://www.rwps.org).

Instructor: Renee Garrick

Cost: \$25 each

Location: Pier 55

Classes are co-sponsored by Red Wing Community Education and Red Wing Area Seniors.

### It's Your Obituary - You Write It!

Do you like to plan ahead? You've written your will. Maybe you've even pre-planned your funeral. So . . . what about your obituary? Instead of leaving it for grieving family members to write in the midst of loss, take the proactive approach! By writing it yourself, it will say what you want it to say. **Bring a laptop or other writing materials.**

5579-20F1 Tu, Oct. 13, 9:30-11:30 AM

### The STORY Behind Your Gifts

Are you downsizing? Thinking of handing down family heirlooms to your children and grandchildren? Have any of them said, "I really don't want any of that old stuff"? (GULP!) Now what? This class is all about communicating the significance behind the treasures you hold dear. Just in time for Christmas gift giving, learn a positive approach to discussing the topic with your children, along with creative ways to gift these special items. Bring along a keepsake that you plan to pass along sometime soon; we'll discuss how to "package" the gifts and write the story behind each one! **Bring a laptop or other writing materials to this workshop.**

5578-20F1 Tu, Nov. 17, 9:30-11:30 AM

### Writing the Legacy Letter

A gift of the written word can last far longer than any other, but the words we want to share are sometimes difficult to express. In the moment, your intended meaning may not be clear . . . and words spoken can be quickly forgotten. In this workshop, we'll explore the concept of writing legacy letters—words written down to be cherished for decades and even generations. We'll also embark on writing your first letter! **Bring a laptop or other writing materials.**

5577-20F1 Tu, Dec. 1, 9:30-11:30 AM

### Capturing the Memories...Your Personal History

What do you wish you knew about your parents or your grandparents? Make it your New Year's Resolution to give your children and grandchildren the gift of your stories—your personal history. Along the way, weave in life lessons and bits of wisdom to share important parts of your life with those you love the most. **Bring your laptop or other writing materials to this workshop.**

5576-21W1 Tu, Jan. 5, 9:30-11:30 AM

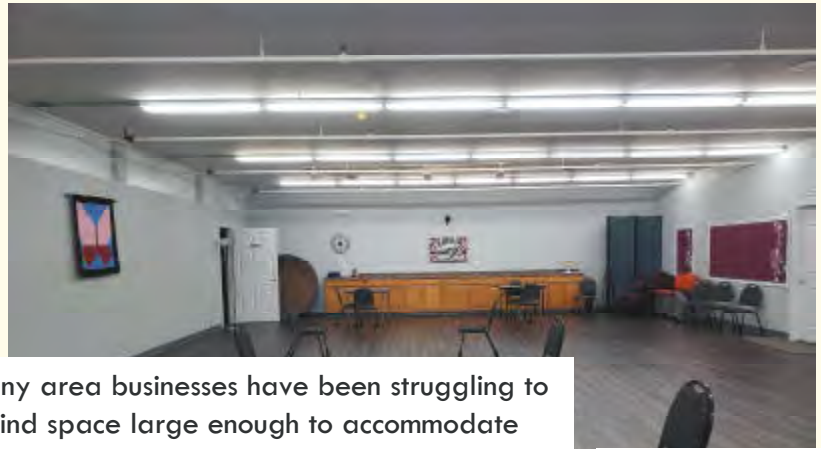
Red Wing Community Education

Direct Line: 651-385-4596

Community Education Office: 651-385-4565


Office Fax: 651-385-4561





Many area businesses have been struggling to find space large enough to accommodate meetings and gatherings in the current environment. At Pier 55 our large Community Room has been the solution for many. If you are interested in getting more information on keeping participants/guests safe and following COVID19 social distancing guidelines contact [rwasprogram@gmail.com](mailto:rwasprogram@gmail.com) for rental options, pricing, availability. No membership required!

- Rent by the hour.
- Easy access parking.
- Restaurant located in Building.



**Join our 60 plus Club. Get \$4 Off with fully punched card.  
Double Punches on Wednesday!**



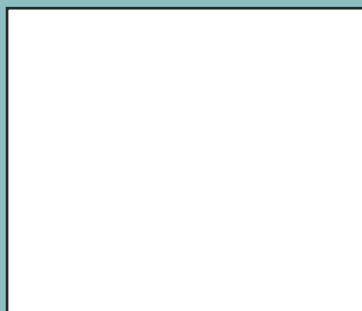
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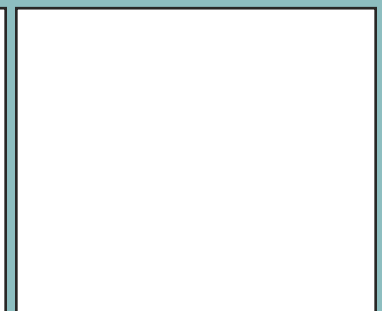


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Call 833-FRAUD-11  
833-372-8311

Call if you have been a  
victim of fraud and need support.

### Technology Lab **OPEN -COMMUNITY ROOM**

**Mondays • 1-2 p.m. • No cost**

Tom and Judy Walsh will be in the Cyber Center to help answer your questions about computers, iPhones, iPads and digital cameras. If there's an application you want to try or are having some difficulty with, come talk to them.

### Laptop Checkout **CANCELLED**

**No cost-** Need to use a computer? Members can check out lap tops to use on site. Sign out at the front desk.

### Toenail Troubles?

Home foot care

Julie Tollison, RNC, C

651-380-1069, julietollison@gmail.com

### Memory Bears

You can still order memory bears.

Call 651-327-2255 to leave a message and someone will get back to you.

### Lifeline Drop-Off Site

If you no longer need your **Lifeline Medical Alert equipment**, we'll get it back to Lifeline for you. Free service activation coupons are also available. **If you are a new user, stop in for a \$50 coupon.**

### Care Call-In

This service is offered to family for piece of mind and to make sure a loved one is safe. He or she telephones Pier 55 by 9 a.m. or we call to check in. For information call 651-327-2255. No cost.

### Senior "Homework" for Minor Home Repairs

If you or a senior you know needs assistance with small repairs in the home, call Red Wing Area Seniors. Our volunteers may be able to assist at no labor charge. Talk with Program Coordinator Stef Braun, 651-327-2255.

### Spanish Conversation Group

#### **Beginning October**

**Facilitator: LaVoie House**

**Mondays and Fridays • 10:30 a.m.**

Interested in brushing up on your Spanish or improving your speaking skills? Join this group at any time. Native speakers frequently attend as well.

### Medical Equipment Lending Program

Pier 55 is proud to offer this service to anyone in the community in need of medical equipment such as walkers, shower chairs, canes, wheel chairs. Equipment is lent at no charge, with an option for you to donate. Call for an appointment. 651-327-2255

### Technology Assistance

Email Tom Walsh to set up an appointment for assistance with google, zoom, etc. No cost. [rwaspresident@gmail.com](mailto:rwaspresident@gmail.com)

Many of you have heard about people using "ZOOM." ZOOM is a video webinar/a way to stay connected. If you would like assistance learning more about how to use this, contact Tom Walsh for assistance. No cost. [rwaspresident@gmail.com](mailto:rwaspresident@gmail.com) Or leave a message at 651-327-2255 and we will get back to you to schedule an appointment.

### Stroke Support Group **CANCELLED**

**2nd Wednesday • 2-3:30 p.m.**

Facilitated by Deb Howard, speech therapist  
Stroke survivors and family members receive support and share information on stroke resources, caregiving, treatment advances, strategies and coping skills.



**ATTENTION, CHESS PLAYERS CANCELLED**

Regardless of your skill level, you're welcome at the Chess Club's every-Wednesday gatherings at 12:30 p.m. The club meets at Mandy's Cafe. No fees, and you can fuel up on "Joe" and treats.

**BOOK CLUB FOR WOMEN**

First Friday • 10:30 a.m.

Facilitator: Jane Whiteside

In the park- Oct. 4: The Girl With Seven Names; Escape from North Korea. By Hyeonseo Lee

At Pier 55- Nov. 1: The Haunting of Hill House.

By Shirley Jackson

**CLUB CHAMPIONSHIP BRIDGE****CANCELLED**

This will meet on the 5th Thursday of every month at 11:15am. Stop in or call for more information.

**GANDY DANCERS TRAIN CLUB**

The club can always use more model trains, tracks, engines and cars to add to its working train displays. For more information or to donate trains call William 651-983-2382

**ALL GAMES AND CLUBS CANCELLED**

Chinese Mahjong.....Mondays, 1 p.m.

American Mahjong

Euchre.....1st & 3rd Mondays, 12:30 p.m.

500.....2nd & 4th Mondays, 12:30 p.m.

Scrabble.....Wednesdays, 11a.m.

Puzzle Club.....Wednesdays, 1:00 p.m.

**"Wild Woman" Cards CANCELLED**

Thursday, July 11 and 25 • 9:30 a.m.

Remember canasta and "Hand and Foot"? Then you can learn this easy game. Guys are welcome. For information, contact Clare Cox, 763-420-5333.

**DUPLICATE BRIDGE CANCELLED**

Thursdays, July 18 • 11:15 a.m.

Looking for something fun and challenging for your mind? Bridge is a great game!

**PUZZLE CLUB CANCELLED**

Wednesday's at 1:00 pm

Also, check out the puzzle exchange area



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651.388.9733 for details

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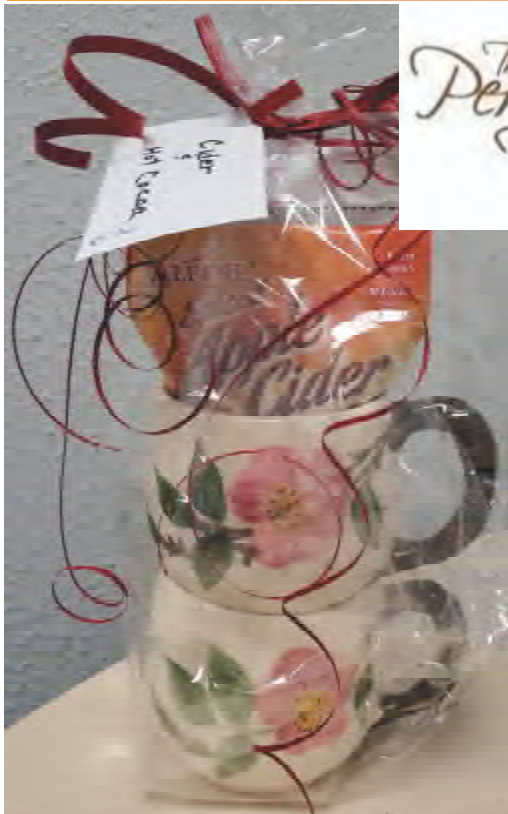
470 Hewitt Blvd., Red Wing | (651) 267-5444

EbenezerCares.org/Deer-Crest



**EBENEZER**





*The Personal Touch*

Pier 55 is making special order themed mugs. These mugs are \$6.00 each (tax included) and are good for any gift giving occasion!

Consider this option when you are looking for the perfect gift with a personal touch!

Feel free to custom order your own personal touch mug (s) or shop Pier 55 Gift Shop or Annadee's Closet for pre made mugs that we are offering as last minute gift ideas!

Name \_\_\_\_\_

Address \_\_\_\_\_

Phone Number \_\_\_\_\_

Quantity \_\_\_\_\_

Theme (s) of Each Mug:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Gift Tag Text:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Payment is due with order. We accept cash, check, credit card. Pier 55, 240 Harrison Street, Red Wing MN, 55066, 651-327-2255

### **Transportation:**

Safe and affordable rides  
hart- Miles and Miles of Positive Impact  
1-866-623-7505  
hart@threeiverscap.org

### **NAPS: Nutrition Assistance Program for Seniors**

**Tuesday, Sept. 15th - 9:45 - 10:15 a.m.**

Women and men 60 years or older, who live in Minnesota and meet income guidelines, may be eligible to receive a monthly food package. Pier 55 is a distribution site. For more information and to see if you qualify, contact **Channel One Food Bank** toll-free at 1-877-500-8699, ext. 104.

### **Parkinson's Support Group **CANCELLED****

**Watch for information about September meeting**

**Facilitated by Pat Kernan & Patrice O'Reilly**

The group welcomes family, caregivers or anyone who has Parkinson's. Join us.

### **Grief Support: Coffee & Good Company**

**2nd & 4th Tuesdays • 10 a.m. **CANCELLED****

Casual, drop-in support for those who have lost a loved one. We're on the third floor of the Mayo Clinic Health System/Red Wing Professional and Community Center, 1407 W. 4th St. For information, call Kathy Bang at 651-385-3412.

### **Notary Public - Shirley Perkins**


Shirley can notarize your important papers including wills and health care directives. Donations for this complimentary service are gratefully accepted for members. There is a \$25 fee for non members. Talk to Shirley to schedule an appointment.

### **Problems? Talk to Bruce McBeath, Ph.D.**

Dr. McBeath is a clinical psychologist working with Goodhue County Social Services. His special interest is helping seniors deal with emotional stresses. Initial consultations are free. Call to schedule an appointment: 651-380-5042.

### **Advocacy Services**

Carla Pearson, licensed Social Worker and Advocate for Older adults and Caregivers with Three Rivers Community Action, can assist those 60 and older and their families with information, referrals, and resources to keep independent. Have a question? Call Carla at 507-732-8528.



*"I always enjoy my time volunteering at Annadee's. I also really appreciate that you allow Jenna and I to keep coming back and getting all of our service hours each summer." –CeCelia*

*"Also, thanks so much for allowing me to be a part of your life as a board member. The best part of being a Board Member is finding out the inner workings of any organization. Continue to do the needed work keeping the seniors busy and active." - Outgoing Board Member*

*Marm Nihart*

*Thank's for your dedication and service Marm!*

## BOARD AND STAFF

## Directors

President. . . . . Tom Walsh  
Vice-President. . . . . Jeff Marcus  
Secretary . . . . .  
Treasurer . . . . . Rose Burke  
Dennis Koenig Char Rogness  
Doug Blakesley

## Staff

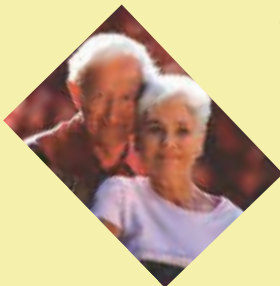
Kim Wojcik ..... Executive Director  
 Stef Braun..... Program Coordinator  
 Shirley Perkins..... Administrative Asst.  
 Jolene King..... Annadee's Manager  
 Mary Machnik... Volunteer Gift Shop Manager  
 Doug Blakesly.....Talent Acquisition Volun.

## Email addresses

Kim Wojcik.....RWASdirector@gmail.com  
Stef Braun.....RWASprogram@gmail.com  
Shirley Perkins.... RWASassistant@gmail.com  
Jolene King .....RWASstore@gmail.com



*Both of our homes are small, Valentines is home to 16 seniors and at Loving Residence, 10 seniors call it home. When you enter Valentines or Loving Residence you will understand why we call it home. You won't be greeted by massive staircases, large meeting areas or dining rooms that can accommodate a hundred or more diners. Instead you will find and feel a sense of home. Our locations are staffed 24 hours a day with trained/qualified caregivers under the supervision of an RN.*



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- If you are moving to a different address, PLEASE notify us. Bulk mail cannot be forwarded.
- If you would rather receive the newsletter via email.  
Contact: Shirley Perkins

**Thank you  
to the following for renewing their  
memberships:**

Marlene Kline	Bonnie Lohmann
Frank Wendt	Joyce Stromquist
Jane Albers	Eileen Broze
Anna Brown	Rich & Bev Dietrich
Marvin & Joanell Dyrstad	Leonilla Gernentz
Georgia Gielau	Marlys Kenall
Leslie Milbrath	Lori Remus
Roger & Carol Sammon	Ralph & Kathleen Wells
Edith Williams	Janice Bock
Audrey Carlson	Diana Carlson
Lonnie Drahos	Ken Eichorn
Grace Hendrickson	Cindy Kells
James Miller	Ruth Rothchild
Jean Ryan	Neal & Barbara Siewert
Sylvia Smythurst	Adair Dahman
Tom & Sandy Giles	Dorothy Crane

**Welcome to the following new members of  
Red Wing Area Seniors, Inc.**

Elmer Stromquist  
Jomarie Schendel

Judy Stern

**MISSION**

**Empowering active living  
and lifelong learning**

**ABOUT US**

**Red Wing Area Seniors at Pier 55 is open to all.  
The facility is handicapped accessible. No one  
shall be refused access to programs because of  
race, religion, sex, age, color, economic status or  
disability.**

**Pier 55 Membership!**

Your membership will provide you with:

- ♦ Discounts on trips and programs
- ♦ Discounts at Annadee's Closet
- ♦ Monthly newsletter *Senior News*
- ♦ Educational & recreational opportunities
- ♦ No cost shredding
- ♦ No cost bike borrowing

Name(s) \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_

State \_\_\_\_\_ Zip Code \_\_\_\_\_

Telephone \_\_\_\_\_

Would you like to receive your newsletter by  
Mail \_\_\_\_\_ Email \_\_\_\_\_

Email Address \_\_\_\_\_

Birthday(s) \_\_\_\_\_

New Member \_\_\_\_\_ Renewal \_\_\_\_\_

\_\_\_\_\_ **Individual Membership: \$37**

\_\_\_\_\_ **Household Membership: \$62**

(2 people to a Household)

*Additional donations greatly appreciated.*

**Red Wing Area Seniors, Inc.**

**240 Harrison St, Suite 2, Red Wing, MN 55066**



Like us on Facebook. We have changed our page. You may have to 'like' us again.  
[Red Wing Area Seniors](#)





# Calendar of Activities October, 2020



Mon	Tue	Wed	Thu	Fri
28	29	30	1	2
9am P Coffee 9am AOA 10:30am Spanish Conv 1pm Tech Lab	CLOSED 9:30am Yoga w/Michele	9am P Coffee 9am AOA 11am Yoga 2pm Chair Yoga	CLOSED	CLOSED DUE TO POTTERY EVENT
5	6	7	8	9
9am P Coffee 9am AOA 10:30am Spanish Con 1pm Tech Lab	CLOSED 9:30am Yoga w/Michele	9am P Coffee 9am AOA 11am Yoga 2pm Chair Yoga	CLOSED	9am P Coffee 9am AOA 10:30am Spanish Conv
12	13	14	15	16
9am P Coffee 9am AOA 10:30am Spanish Con 1pm Tech Lab	CLOSED 9:30am Yoga w/Michele	9am P Coffee 9am AOA 11am Yoga 2pm Chair Yoga	CLOSED	CLOSED
18	19	20	21	22
9am P Coffee 9am AOA 10:30am Spanish Conv 1pm Tech Lab	CLOSED 9:30am Yoga w/Michele	9am P Coffee 9am AOA 11am Yoga 2pm Chair Yoga	CLOSED	9am P Coffee 9am AOA 10:30am Spanish Conv
26	27	28	29	30
9am P Coffee 9am AOA 10:30am Spanish Conv 1pm Tech Lab	CLOSED 9:30am Yoga w/Michele	9am P Coffee 9am AOA 11am Yoga 2pm Chair Yoga	CLOSED	Closed
				31
				9am P Coffee 9am AOA 10:30am Spanish Conv



**Published monthly by**  
**Red Wing Area Seniors, Inc.**

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