



CONSTRUCTION UPDATE

Hello Everyone,
Construction on the Pier 55
Proud Project got underway
May 6th. The project is being

completed in sections, which started at the end of
the building where Rancho Loco is located and is
now moving along towards the main entrance. We
are feeling confident that weather permitting, you
will be enjoying the patio in the coming months!

As many of you have seen, construction is moving
along well and fundraising to date has us over half
way to the finish line. Our goal is to cover ALL of the
project costs, which will be approximately \$70,000.

Currently, thanks to generous donations we have
raised \$42,000.

We are hopeful that donations will continue coming
in and all costs will be covered in the near future.

Thank you, thank you, thank you to those that
have already donated and provided support. If
you have not donated yet, please consider a
donation to the Pier 55 Proud Project. Donation
forms are available at the front desk or online at
www.redwingareaseniors.org. Watch the upcoming
newsletters for more construction updates or please
feel free stop in for a look or a little tour.

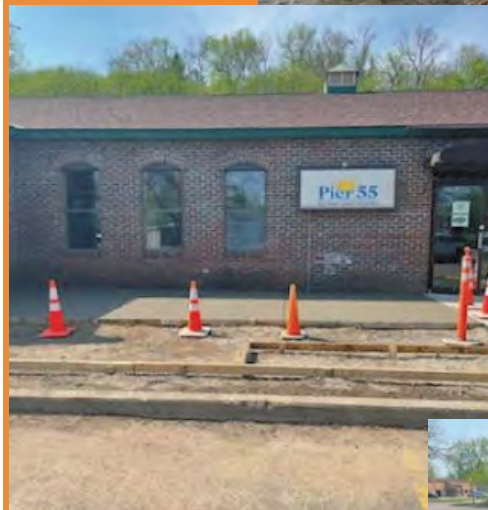
As always, I appreciate you all so very much and
thank you for your kindness. With everyone's
generosity and donations, we can make this vision a
reality. Please consider making a donation today!

Sincerely, Kim Wojcik

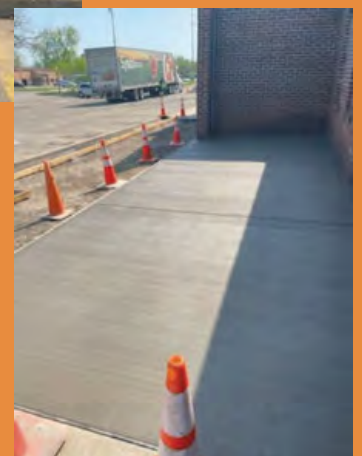
**LET THE
DIGGING
BEGIN!**



**STARTING
TO TAKE
SHAPE!**



**CONCRETE
FIRST AND
SECOND
SECTIONS
COMPLETED!**



CREATIVE WRITING WORKSHOP

Thursday, June 16th, 9:30am to 11:30am
Pier 55

No cost, open to the community call or stop in at Pier 55 to register. Space is limited.

651-327-2255

Pier 55 will be hosting this spectacular workshop that is being led by award winning playwright and writer Kira Obolensky. Space is limited and you do need to reserve a spot.



Using the tools of dramatic writing, we will explore our relationship to water, such as what it means to us, what it may symbolize etc. and create

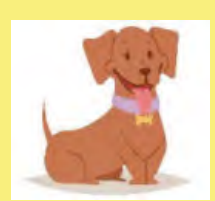
theatrical scenes that bring our connection to water alive.

Selected works from the workshop and beyond may be chosen to be featured in the **Ten Thousand Voices: Water**. A live event featuring select writing from community partners read and performed by some of Minnesota's finest actors taking place in the Twin Cities and at the Sheldon in November!

Supplies: Please bring your preferred supplies for creative writing~laptop, iPad, a trusty pen and paper etc.

SPRING COLORING CONTEST UPDATE

Winners will be announced on
June 1st and
posted at Pier 55!

**PIER55
PETS
PLEASE!**

Beginning Friday, June 17th at 10am, Pier 55 will offer you a weekly opportunity to come and share your human friendly pet with others **OR** just come and enjoy the chance to be around pets. If you have a friendly companion, let others benefit from their love. Think of this as an animal show and share. You can share your pet with others or come and be around others' pets. Most everyone knows the benefits animals can have for people.

Friday's from 10am - 11am

**START YOUR MONTH
WITH SOME SINGING....**

Gathers the first Monday each
month from 1:00pm— 2:00pm

Pier 55 Community Room

All are welcome

No cost

No registration

Open to the community, music provided
or bring your favorites!

Our pianist will be Char Henn

RED WING LIBRARY UPCOMING EVENTS

Brian Freeman, NYT bestselling thriller writer and Minnesota author speak on Saturday, June 4th at 10 am. And the summer reading challenge for children, teens and adults can be preregistered for starting Monday, May 16th and the challenge itself starts on June 6th. Registration can be done from our website, <https://redwing.lib.mn.us/>.



Intro Classes (First 8 hour class)

September 19 and 20th, 9am to 1pm

Refresher Classes (4 Hour class)

June 9th 9am to 1pm

June 21st 1pm to 5pm

July 20th 9am to 1pm

July 26th 1pm to 5pm

\$25 AARP Members

\$30 Non AARP Members

(Cost is the same for the refresher or the 8 hour)

651-327-2255 to register

All classes will be held at Pier 55
240 Harrison St. Red Wing

BOOK CLUB FOR WOMEN

First Friday of the month at 10:30am

Facilitator: Pat Kernan

- June— Wild Horses of the Summer,
By Tory Bilski
- July— Lightning Strike
By William Kent Kruger

Mahjong.....Mondays, 1pm

Scrabble.....Wednesdays, 11am

Puzzle Club.....Wednesdays, 1pm

Also, check out the puzzle exchange area in the hallway.

"WILD WOMEN'S CARDS"

Thursday's • 9:30 a.m. Remember canasta and "Hand and Foot"? Then you can learn this easy game.

SING ALONG WITH CHAR

First Monday each month from 1pm—2pm. All are welcome to come and sing along. FUN!!

PIER 55 IN THE PARK— Wednesday's 2-3pm at Bay Point Park. All are welcome. No registration.

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Simonson Agency

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651.388.9733**



SHOPPING HOURS:

Tuesday's 10-4pm
 Wednesday's 10-4pm
 Thursday's 10-2pm
 Friday's 10-2pm
 Open the following Saturday's
 6/4, 6/25 10am-2pm



JUNE CALENDAR

- 6/1 WOMEN'S CAPRIS AND SHORTS BOGO
- 6/3 WOMEN'S AND MENS SANDALS 50% OFF
- 6/7 ALL ADULT SWIMWEAR 50% OFF
- 6/16 KIDS CLOTHING FILL A BAG FOR \$12
- 6/21 WOMEN'S SUMMER DRESS 50% OFF
- 6/30 MEN'S SHORTS 50% OFF

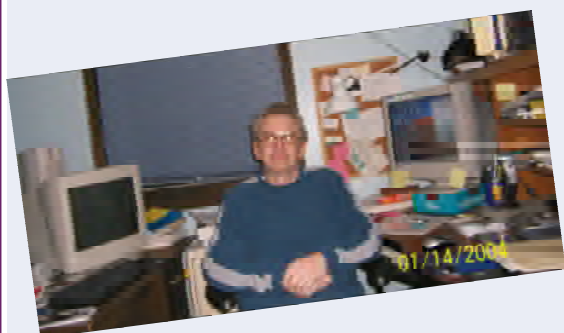
We appreciate your
 donations of gently used
 furniture!!



DONATION HOURS:

Tuesday's 10-1:00pm
 Wednesday's 10-1:00pm
 Friday's 10-1:00pm
 Open the following Saturday's
 6/4, 6/25
 10am-1pm

IN MEMORY OF DAVE STEELE



David Steele
 June 30, 1944– March 11, 2022

Dave volunteered for the Red Wing Area Seniors at both Pier 55 and Annadee's Thrift Store for many years. Dave made the biggest impact in his important role as a volunteer contributor to the TaxAide program and assisted the area coordinators and volunteer tax preparers by providing essential electronic equipment technical support that they could rely on. Preparing tax returns was completely dependent on the equipment, software and electronics communications functions properly. Thank you to all that donated to the TaxAide Program in memory of Dave.



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Standing Pilates

Standing Pilates takes the classic Pilates exercises and brings them vertical. Standing Pilates is a great work out for the whole body. Standing Pilates is slow controlled movements. Focusing on the stabilizer muscles to improve balance and coordination. Standing Pilates exercises are great for joint strength, core strength and increase in mobility. Helps with focus as there is more brain activity because of the balance element. Standing Pilates helps get you in tune with your body, and be aware of your movements.

Class meets
Monday's and Thursday
10-10:45am
\$2.50 per class
Punch cards available
Call or stop in to register
651-327-2255

Senior Yoga for Healing Classes

Mat Class: Tuesdays 9:30 a.m. – 10:45 a.m. (Classes still being held)

Chair Class: Wednesdays 2:00 pm – 3:00 pm

Instructor: Michele Hoffman, C-IAYT Certified Yoga Therapist

Cost is \$50 for a punch-card of 6 classes

For more than 20 years Michele Hoffman has been working with seniors to help them stay healthy, flexible and strong in order to live their best lives. Michele is a yoga therapist at Mayo Clinic Health System in the Integrative Medicine and Hospice departments where she has practiced yoga therapy for the past ten years. Classes are taught on-line via Zoom. To register: Call or email Michele at 651-301-1781, Hoffman.michele@mayo.edu

BRAIN TEASER FOR JUNE

90% can't solve this!!!

A doctor and a taxi driver are both in love with the same attractive woman named Mary.

The taxi driver had to go on a long trip that would last a week.



Before he left, he gave Mary seven apples. Why?

Write your best guess below and send in
or drop off form to Pier 55 !

Answer:

Name: _____

Phone Number: _____

Pier 55/Red Wing Area Seniors

240 Harrison Street

Red Wing, MN 55066

All correct answer will be placed in a drawing for



TRIP TO NEW ULM

Tuesday, July 12th

Depart 7:00am Return 6:00pm

Members \$83.00 NON-Members \$99.00

Register by Friday, July 1st.

Call Pier 55 or stop in to register 651-327-2255

This whirlwind day will keep you busy!! (Much of which can be done seated😊)

Our day will start at the New Ulm Chamber for coffee, goodies and coupons.

Then off to tour the August Schell Brewing Company, of course including some samples!

Yes, lunch is included! Plus a little time to browse
some of the unique shops.

Ending our day with a step on guided tour of historic New Ulm and narrations of several local attractions such as the Brown County History Museum, Herman German site, author Wanda Gag's home, plus more as time permits!



**Tour guide Rose Propst would be happy to answer
any questions about our trips: @ 651.301.0700**

prp22134@yahoo.com.



Inside the massive heated arena

Skyrock Farm Fandango

A one of a kind day trip experience
that is a must see!

Call or stop in at Pier 55-651.327.2255 to register.

Tuesday, June 21, 2022

Depart 8:30am Return 4:30pm

Registration due Friday, June 10th

Cost~ \$87 members or \$99.00 NON members

Cost includes tour, meal, beverages and an optional train ride.

This can be a minimal walking adventure.

The day will be full of excitement. Here is a glimpse of what you can expect:

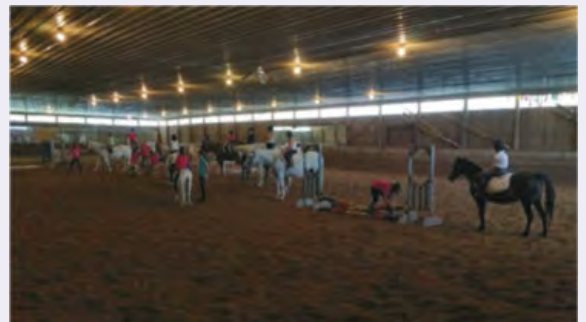
A guided tour of the carousel and organ exhibit. (The carousel is wood carved and there are over 20 antique organs) You will be told the colorful history of the many carousel animals and the artists that carved them. You will be able to enjoy huge custom murals of artwork painted by local artists. Everyone will love the demonstration of the ornate and gilded organs.

Lunch is served buffet style in the Grand Ballroom and is a hearty home cooked meal of roast beef, salad, potatoes, carrots, French baguette and dessert.

After lunch you will head to the huge, heated-indoor training arena. **YOU DO NOT WANT TO MISS THIS AMAZING SHOW.** Seated guests will learn about the horses' unique place in history and see up close and personal as the powerful horses jump obstacles.



*Time and weather
permitting, there are flower
gardens to view,
a vintage amusement train
to ride and so much more.*



Inside the massive heated arena

Tour guide Rose Propst would be happy to answer
any questions about our trips: @ 651.301.0700
prp22134@yahoo.com

St. Paul Saints Game Wednesday, August 10th

Game starts at 1pm
Return time depends on the
length of the game
\$ 57.00 members
\$65.00 Non members

Cost includes coach bus and admittance to the
game. Seating in section 104

Register at Pier 55 front desk or by calling
651.327.2255



SUMMER AND BASEBALL!

CHURCH BASEMENT LADIES

Thursday, September 8

Depart 10am Return 5pm

Members \$95.00

Non Members \$105.00

Lunch is included. Show is at the Ames Center.

This is a NEW musical comedy!

The Church Basement Ladies are at it again. In the 9th installment of the highly successful series. The year is 1975 and all your favorite characters are back! Whether this is your first visit to the basement or you've seen 'em all, you won't want to miss this brand new show. Come along as the ladies don their polyester pantsuits and sing, dance and laugh their way thru this hilarious and touching new musical, PLOWIN' THRU.



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Amy S. (current RWAS employee) will be available for you to hire for minor yard work this Spring. You would want to contact Amy directly. Please note that she may or may not be able to accommodate every request. 651-764-0579



Senior “Homework” for Minor Home Repairs

If you or a senior you know needs assistance with small repairs in the home, call Red Wing Area Seniors. Our volunteers may be able to assist at no labor charge. Talk with Program Coordinator Stef Braun, 651-327-2255. Call now to set up appointments for spring repairs.

Spanish Conversation Group

Facilitator: LaVoie House

Mondays and Fridays • 10:30 a.m.

Interested in brushing up on your Spanish or improving your speaking skills? Join this group at any time. Native speakers frequently attend as well.

Medical Equipment Lending Program

Pier 55 is proud to offer this service to anyone in the community in need of medical equipment such as walkers, shower chairs, canes, wheel chairs. Equipment is lent at no charge, with an option for you to donate. Call for an appointment. 651-327-2255

Technology Assistance

Email Tom Walsh to set up an appointment for assistance with google, zoom, etc. No cost. tw.2522@gmail.com

Many of you have heard about people using “ZOOM.” ZOOM is a video webinar/a way to stay connected. If you would like assistance learning more about how to use this, contact Tom Walsh for assistance. No cost.

Or leave a message at 507-319-5632 and we will get back to you to schedule an appointment.

Notary Public - Shirley Perkins

Shirley can notarize your important papers including wills and health care directives. Donations for this complimentary service are gratefully accepted for members. There is a \$25 fee for non members. Talk to Shirley to schedule an appointment.

Dementia Care Givers Blog Resource

Dementia Careblazers

#careblaxer #dementia #dementiacaregiver

PIER 55 AT THE PARK

Wednesday's 2-3pm at Bay Point Park
Stop down and visit! No registration all are welcome.

Technology Lab

By Appointment • No cost

Tom and Judy Walsh will be in the Cyber Center to help answer your questions about computers, iPhones, iPads and digital cameras. If there's an application you want to try or are having some difficulty with, come talk to them. 507-319-5632

Laptop Checkout

No cost- Need to use a computer? Members can check out lap tops to use on site. Sign out at the front desk.

Lifeline Drop-Off Site

If you no longer need your **Lifeline Medical Alert equipment**, we'll get it back to Lifeline for you. Free service activation coupons are also available. **If you are a new user, stop in for a \$50 coupon.**

Transportation:

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1-866-623-7505
hart@threeiverscap.org

NAPS: Nutrition Assistance Program for Seniors

Tuesday, June 21

Women and men 60 years or older, who live in Minnesota and meet income guidelines, may be eligible to receive a monthly food package. Pier 55 is a distribution site. For more information and to see if you qualify, contact **Channel One Food Bank** toll-free at 1-877-500-8699, ext. 104.

Parkinson's Support Group (Paused)

Facilitated by Pat Kernan & Patrice O'Reilly

The group welcomes family, caregivers or anyone who has Parkinson's. Join us.

Advocacy Services

Nicole Pelzi, licensed Social Worker and Advocate for Older adults and Caregivers with Three Rivers Community Action, can assist those 60 and older and their families with information, referrals, and resources to keep independent. Have a question? Call Nicole Pelzi at 507-421-6067.



SPEAKERS

Eisenhower Bridge of Valor
Jane Drazkowski
Thursday, June 9, 9:30am

Pier 55 Proud Project/Red Wing Area Seniors
Kim Wojcik
Thursday, June 23, 9:30am

Both sessions in the Pier 55 meeting room,
240 Harrison Street.

No admission fee, just come and join
our friendly folks!



VOLUNTEERS NEEDED!!

JUNE 18th
1:00pm to 2:00pm

Marine Museum Volunteer Briefing

If you are interested in being part of a fun volunteer team at the Marine Museum this summer please consider attending and upcoming training briefing (June 18th). If you would like additional information about the volunteer opportunity please attend the briefing at the Marine Museum or simply contact Tom O. at 612-747-5640.



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Red Wing Area Seniors Inc., Red Wing, MN

D 4C 02-1019

Pacific Coast Adventure



AUGUST 13, 2023– 8 Days

Watch for travel show dates coming for October, January and March!

Also, for more information contact Rose Propst. See below for contact information or stop at Pier 55 to pick up a color flyer from the travel brochure area in the hallway.

HIGHLIGHTS

Seattle City Tour & Space Needle • Pike Place Market • Mt. St. Helens Visitor Center • Portland City Tour • International Rose Test Garden • Oregon's Pacific Coast • Oregon Dunes National Recreation Area • Rogue River Jetboat Trip • Redwood National Park • Sonoma Valley Winery Tour & Tasting • Golden Gate Bridge • San Francisco City Tour • Fisherman's Wharf Dinner

INCLUDES

7 Nights Hotel Accommodations, 11 Meals, Tour Director, Motorcoach Transportation, Sightseeing per Itinerary, Baggage Handling



TRAVEL SHOWS PIER 55

October 13th at 10am
January 26th at 10am
No registration required



Tour guide Rose Propst would be happy to answer
any questions about our trips: @ 651.301.0700
prp22134@yahoo.com.

BLOWING OUR HORN!

"I was excited to see that I had won a contest, but more excited to receive the beautiful hand knit scarf. Please thank the person for her time and effort. I will wear it next winter. Thanks again for challenging us seniors with these contests.
- Mary

BOARD AND STAFF**Directors**

President. Tom Walsh
 Vice-President. Jeff Marcus
 Secretary Julie Birk-Betcher
 Treasurer Rose Burke
 Char Rogness, Ben Stephani
 Doug Blakesley, Todd Avery

Staff

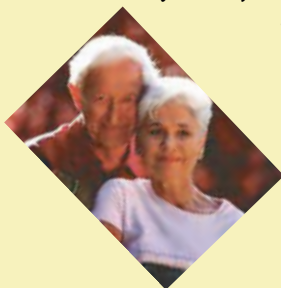
Kim Wojcik..... Executive Director
 Stef Braun..... Program Coordinator
 Shirley Perkins..... Administrative Asst.
 Jolene King..... Annadee's Manager
 Mary Machnik... Volunteer Gift Shop Manager
 Doug Blakesley..... Talent Acquisition Volun.

Email addresses

Kim Wojcik..... RWASdirector@gmail.com
 Stef Braun..... RWASprogram@gmail.com
 Shirley Perkins.... RWASassistant@gmail.com
 Jolene King RWASstore@gmail.com



Both of our homes are small, Valentines is home to 16 seniors and at Loving Residence, 10 seniors call it home. When you enter Valentines or Loving Residence you will understand why we call it home. You won't be greeted by massive staircases, large meeting areas or dining rooms that can accommodate a hundred or more diners. Instead you will find and feel a sense of home. Our locations are staffed 24 hours a day with trained/qualified caregivers under the supervision of an RN.



Call Sandy McDonald for your personal tour today!

Office: 651-388-1650

sandy@valentinesllc.com • www.valentinesassistedliving.com

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Red Wing Area Seniors Inc., Red Wing, MN

E 4C 02-1019



Check out what your Pier 55 membership does for you...

- ◆ A monthly edition of this fantastic newsletter will be mailed and/or emailed directly to you!
- ◆ Of course, our members pay less to go on our trips.
- ◆ Members get priority sign up on all trips.
- ◆ Programs are less expensive for members and some programs may be members only.
- ◆ Members can drop off shred documents at no cost any time during business hours.
- ◆ VIP Pier 55 members only 50% discount day at Annadee's Thrift Store. You must show your membership card for this monumental members only sale.
- ◆ Members get a sizable discount when they rent a room at Pier 55 for any reason.
- ◆ Educational & recreational opportunities available to all members.
- ◆ No cost outdoor recreation available to all members.
- ◆ With each annual renewal you will receive welcome letter and membership card from Shirls Perkins.
- ◆ \$5 discount for open swim with Community Recreation. Use code TB55 when registering.
- ◆ Part of a great organization that provides a lot of services and goods to the community!
- ◆ Complimentary entry into the Photography Group

Pier 55 Membership

Name(s) _____

Address _____

City _____

State _____ Zip Code _____

Telephone _____

Would you like to receive your newsletter by
Mail _____ Email _____

Email Address _____

Birthday(s) _____

New Member _____ Renewal _____

_____ **Individual Membership:** \$37

_____ **Household Membership:** \$62

(2 people to a Household)

Additional donations greatly appreciated.

Red Wing Area Seniors, Inc.

240 Harrison St, Suite 2, Red Wing, MN 55066

Gratitude

What is our **Legacy Giving Campaign?** Call or email - Executive Director Kim Wojcik to schedule a coffee meeting with Kim to learn more about including us in your planned giving. 651-327-2255 • rwasdirector@gmail.com



Like us on Facebook. We have changed our page. You may have to 'like' us again.
[Red Wing Area Seniors](#)

MISSION

**Empowering active living
and lifelong learning.**

CALENDAR OF ACTIVITIES

JUNE 2022



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT.
Hours of Operation June Monday's 9am to 4 pm Tuesday's 9am to 2 pm Wednesday's 9am to 4 pm Thursday's 9am to 2 pm Friday's 9am to 12 pm			1 9am AOA 9:30am Pottery Coffee 1pm Puzzle Club	2 9:30 Wild Women Cards 2:30 pm Standing Pilates	3 9:00 AOA 9:30am Pottery Coffee	4
5	6 9am AOA 9:30am Pottery Coffee 10am Stand Pilates 1pm Mahjong	7 9:30am YOGA w/ Michele 2pm Parkinson 3:15 Tai Chi	8 9am AOA 9:30am Pottery Coffee 1pm Puzzle Club	9 9:30 Wild Women Cards 2:30 pm Standing Pilates	10 9:00 AOA 9:30am Pottery Coffee	11
12	13 9am AOA 9:30am Pottery Coffee 10am Stand Pilates 1pm Mahjong	14 9:30am YOGA w/ Michele 2pm Parkinson Wellness 3:15 Tai Chi	15 9am AOA 9:30am Pottery Coffee 1pm Puzzle Club	16 9:30 Wild Women Cards 2:30 pm Standing Pilates	17 9:00 AOA 9:30am Pottery Coffee	18
19	20 9am AOA 9:30am Pottery Coffee 10am Stand Pilates 1pm Mahjong	21 9:30am YOGA w/ Michele 2pm Parkinson Wellness 3:15 Tai Chi	22 9am AOA 9:30am Pottery Coffee 1pm Puzzle Club	23 9:30 Wild Women Cards 2:30 pm Standing Pilates	24 9:00am AOA 9:30am Pottery Coffee	25
26	27 9am AOA 9:30am Pottery Coffee 10am Stand Pilates 1pm Mahjong	28 9:30am YOGA w/ Michele 2pm Parkinson Wellness 3:15 Tai Chi	29 9am AOA 9:30am Pottery Coffee 1pm Puzzle Club	30 9:30 Wild Women Cards 2:30 pm Standing Pilates		

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