

SENIOR LIVING OPTIONS

PRESENTED BY BOB MISENKO

Determining what you want in senior living takes serious thought. Before you begin to compare your senior living options for the future, it's important to have a clear picture of the way you want to live.

Tuesday, September 19th at 11:30am
Pier 55, Community Room

- When will you know when it's time to make a move?
- What's important to you?
- What do you value most about where you live?
- And what kinds of things do you like to do with your time, energy, and talents?



Senior Living Options is a presentation/discussion about these important questions. In addition, we'll discuss: Things to consider when choosing a senior living community include: Common signs that may indicate a need for living assistance; What matters most about the community where you live; What you can expect for living expenses; and, Getting to know financial resource options.



Bob Misenko will bring a wealth of knowledge to help guide you through this discussion. Registration is required. No cost for Pier 55 members and a small free will offering for non members. Call or stop in to register.

Watermelon Wednesday ☺

Stop in at Pier 55 on Wednesday,
August 23
11a-12p and cool off with a slice
of watermelon!!!

TRAVEL SHOW INFO!



2024 CAPE CODE & THE ISLANDS
Travel Show
September 12, 2023
10:00am
Pier 55

Open to the community and no
age requirements

- 5 Nights– Cape Cod
- 1 Night– Boston
- Boston City Tour
- Martha's Vineyard Tour
- Faneuil Hall Marketplace
- Nantucket Island Visit
- Plymouth Rock
- Breakers Mansion
- And much much more.

For more information contact:

Rose Propst would be happy to answer any
questions about our trips:

651-301-0700

prp22134@yahoo.com

Exciting news....



Monica Garcia, a new
consigner at the Pier
55 Gift Shop is also
available to create
memory bears for you
or your loved ones.

For more information please
contact her directly at

Handmade Crafts
TXT 651-347-8484



@monica fabric creations



PACIFIC COAST TRAVELER INFO!

Departure meeting scheduled for
August 2nd at 10am for all those
that are traveling on the Pacific
Coast Trip!

Landmark TOURS

Unforgettable Travel Experiences

www.gowithlandmark.com

Stop in to pick up a catalog! Pier 55 members only get a scheduled pick up at their home if they book a trip with Landmark Tours.

**LOCAL BUILDERS AND REAL ESTATE PROFESSIONALS
SPECIALIZING IN TOWNHOUSE CONSTRUCTION.**



CALL
651-388-4711
910 MAIN STREET
SUITE 201
RED WING, MN
55066

LET'S GROW YOUR BUSINESS
Advertise in our Newsletter!

CONTACT ME Ben Allrich

ballrich@lpicommunities.com • (800) 950-9952 x2757

HEALTH HOME AUTO RV BUSINESS



Megan Simonson
Simonson Agency

Office: 651.327.2760
Cell: 651.380.0909
Fax: 763.398.4080

2966 N Service Dr • Red Wing, MN
MyNationalBroker.com
M.Simonson@mynationalbroker.com



**NATIONAL
INSURANCE
BROKERS**



318 Bush St
651-388-0333
www.simpleabundanceredwing.com

Your Locally Owned Health Food Store



FULL SIZE

Washers & Dryers in every unit make laundry a hassle free experience for you



SAVE YOUR QUARTERS
at our 62+ Independent
Living Cooperative

(651) 388-2029
2533 Eagle Ridge Drive
Red Wing, Minnesota

www.villagecooperative.com/Red-Wing-MN

Live life simplified

In the heart of downtown Red Wing



Homes for adults 55+

651-385-3400 • downtownplaza.org



DONATION HOURS:

Tuesday's 10-1:00pm
 Wednesday's 10-1:00pm
 Friday's 10-1:00pm

Open the following
 Saturday's
 10am-1pm

8/12 & 8/26



321 POTTER STREET,
 RED WING, MN
 651-388-7031

SHOPPING HOURS:

Tuesday's 10-4pm
 Wednesday's 10-4pm
 Thursday's 10-2pm
 Friday's 10-2pm

Open the following
 Saturday's
 10am-2pm

8/12 & 8/26

**"Membership
 has its
 privileges."**

Pier 55 Member Day

50% off store wide

Must present membership card
 to qualify.

Thursday, August 17

(See page 14 of this newsletter for information on how to
 become a member.)

Annadee's Thrift Store is always in
 need of newspaper at the check out
 counter for fragile items purchased.
 Please drop off any newspaper you
 are willing donate at the check out

counter
 during
 normal
 business
 hours.



Effective Friday,
 Sept. 1, 2023

**WE WILL NO LONGER BE
 OFFERING GREEN BAG
 DISCOUNTS.**

MAHJONG.....Mondays, 1:00 pm

SCRABBLE.....Wednesdays, 11:00 am

PUZZLE CLUBWednesdays, 1:00 pm

Also, check out the puzzle exchange area in the hallway.

"WILD WOMEN'S CARDS"

Thursday's • 9:30 am Remember Canasta and "Hand and Foot"? Then you can learn this easy game.

500 CARD CLUB Monday's 1:00pm to 3:00pm all are welcome. No matter your age, gender, or skill level.

BOOK CLUB FOR WOMEN

First Friday of the month at 10:30 am, Pier 55 Community Room. See page 7 for book titles.

Red Wing Golden K Kiwanis Club

Invites you to join us.



Thursday, August 10th

Presentation: Where Did You Come From?

Presenter: Dennis Vaillant

Thursday, August 24th

TBD

No admission fee, just come and join our friendly folks. Meetings are the second and fourth Thursdays in each month at 9:30 AM at Pier 55 in the Community Room.

FMS INSURANCE ADVISORS

Health Care • Medicare Plans • Retirement Planning

Your Local Medicare Experts



MONTHLY MEDICARE SEMINARS
Listed on Our Website

406 Main Street - Suite B • Red Wing, MN 55066
Located in the St. James Hotel

651-388-2743 • 1-866-571-2206
www.fmsinsuranceadvisors.com

ACE Hardware

1264 Old West Main St.

Red Wing, MN 55066

(651) 388-6060

Join a healthy community of women at the

Women's Fitness Center

2311 Old West Main St. Red Wing

Call Delores for details:

651.388.9733



SENIOR LIVING

tintawitaelderliving.com

24240 130th Ave, Welch, MN

651-385-3535

Single Level Apartment Homes for ALL

EBENEZER



GRAB A FRIEND, COME TO A SHOW

Dallas String Quartet ~ Sept 23

C.Willi Myles ~ Sept 30

Native Comedy Night ~ Oct 7

Glenn Miller Orchestra ~ Oct 14

Mollie B & Squeezebox ~ Oct 20

ORDER TICKETS
sheldonthatre.org
651-388-8700



Senior Yoga for Healing Classes

Mat Class: Tuesdays 9:30 a.m. – 10:45 a.m.

Chair Class: Wednesdays 2:00 pm – 3:00 pm

**Instructor: Michele Hoffman,
C-IAYT Certified Yoga Therapist**

**Cost is \$55 for a punch-card of 6 classes
Additional Class options:**

For more than 20 years Michele Hoffman has been working with seniors to help them stay healthy, flexible and strong in order to live their best lives. Michele is a yoga therapist at Mayo Clinic Health System in the Integrative Medicine and Hospice departments where she has practiced yoga therapy for the past ten years. Classes are taught on-line via Zoom.

To register: Call or email Michele at

651-301-1781

Hoffman.michele@mayo.edu



Active Older Adults Fitness (AOA)

**Mondays,
Wednesdays & Friday's 9am**

First class is free! Stop in and try a class or just observe to see if it might be a good fit for you.

Instructor: Kim Wojcik



**TAI CHI
Tuesdays
at 1:00pm
Patty Svien,
registered
physical therapist**

Cost: \$5 per session

**Call Patti for class dates and
to register.**

651 380 8752, email svien65@hbci.com

Standing Pilates

Instructor: Renae Exner

Standing Pilates takes the classic Pilates exercises and brings them vertical. Standing Pilates is a great work out for the whole body. Standing Pilates is slow controlled movements. Focusing on the stabilizer muscles to improve balance and coordination. Standing Pilates helps get you in tune with your body, improves balance and much more.

Class meets

Monday's

10-10:45am

\$2.50 per class

Punch cards available

Call or stop in to register

651-327-2255

Parkinson Wellness Recovery

**Tuesdays at 2:00pm
Patty Svien, registered
physical therapist
Cost: \$5 per session**

**Call Patti for class dates and
to register.**

**651 380 8752,
email svien65@hbci.com**

BOOK CLUB FOR WOMEN

Meets the first Friday of the month

10:30am at Pier 55

August 4, 2023 The Women of Copper County Sandy Grzywinski

By Mary Doria Russell



Parkinson's Support Group

Tuesday, August 15th at 3:15pm

No cost
No registration
No membership required

Parkinson Disease Support group meets monthly. You do not need to be a Pier 55 member to attend. If you have questions or you plan to attend, please call Pier 55 at 651-327-2255.

This support group follows Parkinson's Wellness which meets weekly.

AARP Safe Driving Classes

Minnesota residents save 10% on their current auto insurance for 3 years by taking the class. There are no tests to take. Everyone attending passes. If you've never taken the class before, you will need to sign up for the 8-hour first timer class. It's 4 hours per day over two days. If you've taken the class before, you just need the 4 hour refresher class. The cost is the same for either class. \$25 for AARP members, and \$30 for non-members. Space is limited to 17 attendees per class, So sign up today by calling the senior center at 651-327-2255. Classes at Pier 55.

- Tuesday, August 14th 9:00am to 1:00pm
- Thursday, August 24th 1:00pm to 5:00pm
- Tuesday, September 12th 9:00am to 1:00pm
- Thursday, September 21st 1:00pm to 5:00pm
- Tuesday, October 10th 9:00am to 1:00pm
- Thursday, October 26th 1:00pm to 5:00pm
- Tuesday, November 14th 9:00am to 1:00pm
- Thursday, November 30th 1:00pm to 5:00pm
- Tuesday, December 12th 9:00am to 1:00pm
- Thursday, December 21st 1:00pm to 5:00pm

First Time Class Options

- Tuesday and Wednesday, August 22nd and 23rd
9:00am to 1:00pm
- Saturday, October 14th 9:00am to 5:00pm
- Tuesday and Wednesday, December 5th and 6th 1:00pm to 5:00pm

“I AM BETTY”

Minnesota History Theater & lunch at Cosetta's

Join us for a trip to the Minnesota History Theater to see the “new musical that traces the impact of BETTY CROCKER and examines the lives of women and society throughout the past century.”



****Thursday, November 30th, 2023~Departure & return TBD**

****Members \$86 **Nonmembers \$99**



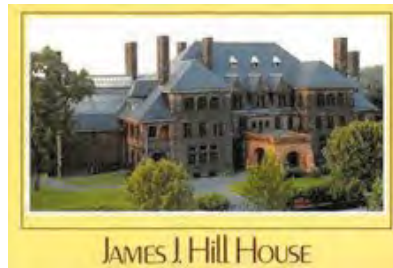
“Here for the Tea”

Holiday Afternoon Tea at the St. Paul Hotel & JJ Hill Mansion Tour

“Come experience an exquisite event! This 2 hour afternoon tea is fashioned after England’s afternoon tea and consists of a variety of tea sandwiches, savory, scone and two tiers of sweets. A pianist entertains you throughout.”

****Thursday, December 7th, 2023~Departure & return TBD**

****Members \$99 **Nonmembers \$110~space is limited**



JAMES J. HILL HOUSE



The Church Basement Ladies

**“A Mighty Force Is
In Our Basement”**

Show & Lunch at the Ames Center in Burnsville

The Church Basement Ladies never disappoint! “It’s 1960 and Beverly gets her first pair of high heels for confirmation; Pastor announces his impending nuptials; Mrs. Snustad and Mrs. Gilmerson plan a food booth at the County Fair to raise money; and Mrs. Engelson embarks on a spontaneous driving lesson.

Through it all these “bulwarks never failing” stand strong in their faith and their friendships.”

****Thursday, January 25th, 2024~Departure & return TBD**

****Members \$75 **Nonmembers \$89**



RED WING SOCIAL SINGLES

Bridging Friendships

Are you looking for
activities and/or

interested in meeting new people and
having fun... (Just celebrated 30 years)

If so, consider checking out this local singles club.
So, if you are widowed or single you don't have to
go it alone.

We meet the first Friday of the month

Fiesta Mexicana 1pm

Dues are \$20 annually

We have 9 different outings for August.

If you are interested in checking out the
organization, please contact:

Sherry 651-212-6021 or Bruce 715-594-3874

GET SMART ABOUT VEHICLE TECHNOLOGY

Wednesday, September 27th

2:00pm to 3:30pm

Pier 55

Join us for a 90 minute workshop offering an
interactive way to stay up to date with technology
in your current or future vehicle.

*Registration required.

Call or stop in to register 651-327-2255*

No cost, no age requirement and open to the
community!!



JORDAN TOWERS

"A Good Place to Live, A Great Place to Call Home"
NOW ACCEPTING APPLICATIONS

Please contact 651.388.7571

Red Wing Housing & Redevelopment Authority
428 W. 5th Street, Red Wing, MN • www.redwinghra.org



Join our 60 plus Club. Get \$4 Off with fully punched card.
Double Punches on Wednesday!



Mahn Family Funeral and Cremation Services

- Traditional Services
 - Memorial Services
 - Pre-arrangements
 - Cremations (on-site crematory)
- (651) 388-3343
Bodelson-Mahn Chapel
602 Plum St., Red Wing, MN 55066

www.mahnfamilyfuneralhome.com

Goodhue Living
Assisted Living & Memory Care

108 County 9 Blvd., Goodhue, MN

NOW OPEN

AND ACCEPTING MOVE INS

Our newly built senior living
community provides residents
with the exceptional care they
deserve in an extraordinary
environment.

Contact us to schedule a tour!



651-448-0434 | www.GoodhueLiving.com

SUPPORT OUR
ADVERTISERS!



For ad info. call 1-800-950-9952 • www.lpcommunities.com

Red Wing Area Seniors Inc., Red Wing, MN

C 4C 02-1019

SENIOR HOME REPAIRS

If you or a senior you know needs assistance with small repairs in the home, call Red Wing Area Seniors. Our volunteers may be able to assist at no labor charge. Talk with Program Coordinator Stef Braun, 651-327-2255. Call now to set up appointments for repairs.

SPANISH CONVERSATIONS

Facilitator: LaVoie House (Paused)

Mondays and Fridays • 10:30 a.m.

Interested in brushing up on your Spanish or improving your speaking skills? Join this group at any time. Native speakers frequently attend as well.

MEDICAL EQUIPMENT LENDING

Pier 55 is proud to offer this service to anyone in the community in need of medical equipment such as walkers, shower chairs, canes, wheel chairs. Equipment is lent at no charge, with an option for you to donate. Call for an appointment. 651-327-2255

TECHNOLOGY ASSISTANCE

Email Tom Walsh to set up an appointment for assistance with google, zoom, etc. No cost. tw.2522@gmail.com
Many of you have heard about people using "ZOOM." ZOOM is a video webinar/a way to stay connected. If you would like assistance learning more about how to use this, contact Tom Walsh for assistance. No cost.
Or leave a message at 507-319-5632 and we will get back to you to schedule an appt

NOTARY PUBLIC

Stef can notarize your important papers including wills and health care directives on Monday's by appointment only for a minimum of \$5.

SPACE RENTAL

Rental space is available for groups, clubs, parties, etc. Call or email Stef Braun for details. 651-327-2255, rwasprogram@gmail.com

TRANSPORTATION:

Safe and affordable rides
harT- Miles and Miles of Positive Impact
1-866-623-7505
hart@threeriverscap.org

NAPS: NUTRITIONAL ASSISTANCE PROGRAM

Tuesday, August 15th 9:45AM

Women and men 60 years or older, who live in Minnesota and meet income guidelines, may be eligible to receive a monthly food package. Pier 55 is a distribution site. For more information and to see if you qualify, contact Channel One Food Bank toll-free at 1-877-500-8699, ext. 104.

ADVOCACY SERVICES

Carla Pearson, licensed Social Worker and Advocate for Older adults and Caregivers with Three Rivers Community Action, can assist those 60 and older and their families with information, referrals, and resources to keep independent. Have a question? Call Carla at 507-330-7152. cpearson@threeriverscap.org

SCAM ALERT BOARD

Check out our monthly scam alert information at Pier 55 in the hallway.

KOPLINS GROCERY

Delivers on Wednesday's
388-4701

DEMENTIA SUPPORT GROUP

The last Thursday of the month at 3:30pm
Deer Crest Senior Living
651-267-5441 Brenda.Rofick@fairview.org

HOSPICE ADULT GRIEF SUPPORT GROUPS

Either in-person or zoom. Group participants must be at least three months into their journey with grief after the death of a loved one. Monday's, 5:30pm to 7:30pm, First Lutheran Church 1000 Peace Ridge, Lake City



Pier 55 Members Only!

Merchants Bank

Your *Gold Pass* to our Highest CD Rate!

Add .25%

to the base rate of our CD Special that best fits your savings goals when you open your new certificate of deposit before 8/31/2023.

 **Call for current CD Special rates and terms.**
Offer good at Merchants Bank in Red Wing.
Limit one coupon per customer.

Member FDIC



A safe and beautiful home

"I consider myself very independent, but now I have the security of knowing someone is always available if needed. Benedictine The Villa is truly my home."

- BENEDICTINE THE VILLA RESIDENT

Call today to schedule your personal tour.

(651) 385-5476

BenedictineRedWing.org 



Benedictine

LIVING COMMUNITY | **RED WING**

Quality, award-winning care

ASSISTED LIVING | SKILLED NURSING CARE | MEMORY CARE

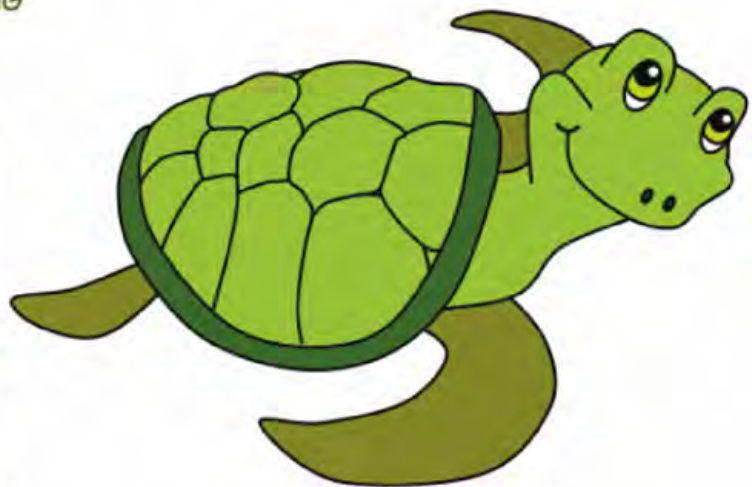
Benedictine The Villa | 135 Pioneer Road | Red Wing, MN 55066

NAME _____ Phone _____

Turtle Word Search

O	Q	F	F	H	C	T	N	E	L	R	S	E	M	T
G	H	H	S	K	A	R	E	I	L	H	E	A	J	R
G	C	C	E	C	R	E	A	S	E	I	T	V	E	S
N	O	R	T	S	A	L	P	L	T	A	T	P	I	B
I	N	A	M	C	P	L	L	U	M	U	P	P	I	R
K	A	W	I	U	A	Z	E	A	S	I	D	T	E	L
S	E	L	W	T	C	J	T	S	L	J	E	I	J	R
A	C	D	S	E	E	A	F	F	L	A	T	A	N	I
B	O	D	I	S	D	N	O	P	T	U	R	T	L	E
M	Y	D	Y	H	T	C	W	R	O	U	G	H	N	X

TURTLE	BASKING
SHELL	BITE
CARAPACE	RIVER
SCALES	OCEAN
SCUTES	POND
NATAL	HIDE
MATAMATA	ROUGH
PLASTRON	SWIM
TESTUDINE	CRAWL
REPTILE	FLIPPER



Return completed form by August 31 to be placed in a random prize drawing



Thank you to
everyone that attends
fitness classes at
Pier 55.

We appreciate your
loyalty, dedication and often
smiling faces.

*Thank you to the senior center and
volunteer Vic for fixing my fence.*

It was greatly appreciated.

A.D.

BOARD AND STAFF

Directors

President. Tom Walsh
Vice-President. Jeff Marcus
Secretary Julie Birk-Betcher
Treasurer Rose Burke
Char Rogness, Ben Stephani
Doug Blakesley, Todd Avery

Staff

Kim Wojcik.....Executive Director
Stef Braun..... Program Coordinator
Shirley Perkins.....Administrative Asst.
Jolene King.....Annadee's Manager
Mary Machnik... Volunteer Gift Shop Manager
Doug Blakesley.....Talent Acquisition Volun.

Email addresses

Kim Wojcik.....RWASdirector@gmail.com
Stef Braun.....RWASprogram@gmail.com
Shirley Perkins.... RWASassistant@gmail.com
Jolene KingRWASstore@gmail.com

30+

Years of
Satisfied Customers

DJ&A Dan Johnson & Associates, LLC

Home Renewal & Maintenance | Quality Craftsmanship & Reasonable Prices

Painting, Sheetrock & Plaster Repair | Home fixup for sale

Dan Johnson | 715-441-1790

DanJohnsonMRWI@Gmail.Com

Flooring: vinyl, vinyl plank, ceramic | Deck repair & Replacement

Window & Door Repair & Replacement | Gutters & Downspouts

LET'S GROW YOUR BUSINESS
Advertise in our Newsletter!

CONTACT ME Ben Allrich

ballrich@lpicommunities.com • (800) 950-9952 x2757

POTTERRIDGE.COM



Enhancing Life Together

Potter Ridge

Senior Living

651-388-1546

1971 NEAL STREET RED WING, MN

**INDEPENDENT LIVING
ASSISTED LIVING
CARE SUITES**

Is your home too LARGE? READY TO DOWNSIZE?

Whether you are ready to sell right
away or planning for the future,
contact me for a free evaluation.



We Can Discuss:

Pricing • Decluttering • Staging • Home Repairs
TO GET THE BEST PRICE FOR YOU HOME.

Lori Simonson Broker/Owner/Realtor

651.380.1886

Licensed in MN & WI



lori@exitrealtyrivertown.com | www.exitwithlori.com



For ad info. call 1-800-950-9952 • www.lpicommunities.com

Red Wing Area Seniors Inc., Red Wing, MN

E 4C 02-1019

Check out what your Pier 55 membership does for you...

- ♦ A monthly edition of this fantastic newsletter will be mailed and/or emailed directly to you!
- ♦ Of course, our members pay less to go on our trips.
- ♦ Members get priority sign up on all trips.
- ♦ Programs are less expensive for members and some programs may be members only.
- ♦ Members can shred their documents at no cost any time during business hours.
- ♦ VIP Pier 55 members only 50% discount day at Annadee's Thrift Store. You must show your membership card for this monumental members only sale. (see page 15)
- ♦ Members get a sizable discount when they rent a room at Pier 55 for any reason.
- ♦ Educational & recreational opportunities available to all members.
- ♦ No cost outdoor recreation available to all members.
- ♦ With each annual renewal you will receive welcome letter and a membership card from Shirls Perkins.
- ♦ Part of a great organization that provides a lot of services and goods to the community!
- ♦ Support low and not cost programming like medical equipment lending for the entire community.

PIER 55 MEMBERSHIP

Name(s) _____

Address _____

City _____

State _____ Zip Code _____

Telephone _____

Would you like to receive your newsletter by
Mail _____ Email _____

Email Address _____

Birthday(s) _____

New Member _____ Renewal _____

_____ **Individual Membership:** \$37

_____ **Household Membership:** \$62

(2 people to a Household)

Additional donations greatly appreciated.

Red Wing Area Seniors, Inc.

240 Harrison St, Suite 2, Red Wing, MN 55066

Gratitude

What is our **Legacy Giving Campaign?** Call or email - Executive Director Kim Wojcik to schedule a coffee meeting with Kim to learn more about including us in your planned giving. 651-327-2255 • rwasdirector@gmail.com



Like us on Facebook. We have changed our page. You may have to 'like' us again.
[Red Wing Area Seniors](#)

MISSION

**Empowering active living
and lifelong learning.**

CALENDAR OF ACTIVITIES

AUGUST 2023



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT.
		1 9:30 am YOGA w/ Michele 1 pm Tai Chi 2 pm Parkinson Wellness	2 9:00am AOA 9:30 am Pottery Coffee 11am Scrabble 1 pm Puzzle Club	3 9:30 am Wild Women Cards	4 9 am AOA 9:30 am Pottery Coffee 10:30 Spanish conv	5
6	7 9 am AOA 9:30 am Pottery Coffee 10 am S Pilates 10:30 Spanish conv 1 pm Mahjong 1 pm 500 cards	8 9:30am YOGA w/ Michele 1 pm Tai Chi 2 pm Parkinson Wellness	9 9 am AOA 9:30 am Pottery Coffee 11am Scrabble 1 pm Puzzle Club 2 pm Yoga	10 9:30 am Wild Women Cards 9:30am Golden K	11 9 am AOA 9:30 am Pottery Coffee 10:30 Spanish conv	12
13	14 9 am AOA 9:30 am Pottery Coffee 10 am S Pilates 10:30 Spanish conv 1 pm Mahjong 1 pm 500 cards	15 9:30am YOGA w/ Michele 1 pm Tai Chi 2 pm Parkinson Wellness 3:15pm Parkinson Support Group	16 9 am AOA 9:30 am Pottery Coffee 11am Scrabble 1 pm Puzzle Club 2 pm Yoga	17 9:30 am Wild Women Cards ANNADEE'S MEMBER DISCOUNT DAY	18 9 am AOA 9:30 am Pottery Coffee 1030 Spanish conv	19
20	21 9 am AOA 9:30 am Pottery Coffee 10am S Pilates 10:30 Spanish conv 1 pm Mahjong 1 pm 500 cards	22 9:30am YOGA w/ Michele 1 pm Tai Chi 2 pm Parkinson Wellness	23 9am AOA 9:30 am Pottery Coffee 11am Scrabble 11am Watermelon Wednesday 1 pm Puzzle Club 2 pm Yoga	24 9:30 am Wild Women Cards 9:30am Golden K	25 9 am AOA 9:30 am Pottery 1030 Spanish conv	26
27	28 9 am AOA 9:30 am Pottery Coffee 10am S Pilates 10:30 Spanish conv 1 pm Mahjong 1 pm 500 cards	29 9:30 am YOGA w/ Michele 1 pm Tai Chi 2 pm Parkinson Wellness	30 9am AOA 9:30 am Pottery Coffee 11am Scrabble 1 pm Puzzle Club 2 pm Yoga	31 9:30 am Wild Women Cards	Hours of Operation Monday's 9am to 4 pm Tuesday's 9am to 2 pm Wednesday's 9am to 4 pm Thursday's 9am to 2 pm Friday's 9am to 12 pm	

ALIVEO MILITARY MUSEUM



FREE ADMISSION

Open Fridays & Saturdays 10 a.m. - 4 p.m.
Collections of International Military Memorabilia & History on Display

(651) 327-1569 | 321 Bush Street | Red Wing, MN 55066 | www.AliveoMuseum.org

LET'S GROW YOUR BUSINESS

Advertise in our Newsletter!

CONTACT ME Ben Allrich

ballrich@lpicommunities.com • (800) 950-9952 x2757



DEER CREST
SENIOR LIVING

CELEBRATING
15
YEARS

RED WING'S TRUSTED
SENIOR HOUSING &
CARE PROVIDER SINCE 2007

BEST
ASSISTED LIVING
USNews
2022-23

Call 651-267-5444 | DeerCrestSeniorLiving.org  EBENEZER

©2022 Fairview Health Services 901703

Edward Jones

> edwardjones.com
Member SIPC

You're retired. Your money isn't.

At Edward Jones, we deliver candid guidance and personalized investment strategies to help you plan for and realize the possibilities of your future - for you, your family and generations to follow.



**Call or visit any of our financial advisors
in Red Wing or Lake City.**



**Published monthly by
Red Wing Area Seniors, Inc.**

240 Harrison Street, Suite 2
Red Wing, MN 55066

ADDRESS SERVICE REQUESTED

NON PROFIT ORGAN.
U.S. POSTAGE
PAID
Permit #134
Red Wing MN