



## THE HOME CARE SOLUTION

Thursday, March 28<sup>th</sup>, 2024, 10:00am

No cost, No registration, All are welcome

(Golden K Meeting)

Coffee & Treats provided

Karen Hanson, Home Care Consultant, will present why The Home Care Solution is a guide to the best choices for Seniors and those who care about them. This presentation will go over the difference between Medicare covered services for home care and cares that will need to be paid privately. Please come with questions as this can be an overwhelming topic.

Karen has worked in the home care industry for 33 years, with a 2-year gap working for AL, IL and MC facility. She also personally cared for her mother who passed away from Alzheimer's 4 years ago. She comes with various knowledge, both personally and professionally.

### **Karen Hanson**

Home Care Consultant, Home Instead  
304 6th Street SW, Rochester, MN 55902  
507-285-1700

[karen@rochesterseniorcare.com](mailto:karen@rochesterseniorcare.com)



### **We are in need of volunteers for our ANNADEE'S THRIFT STORE :**

#### Volunteer Positions Include:

Sorters

Pricers

Greeters

Cashiers

Organizers

Display Assistance

If you are interested contact Jolene King, Store Manager  
at 388-7031 or stop in the store during business hours.

You can find our store hours and volunteer application on-line at [www.redwingareaseniors.org](http://www.redwingareaseniors.org)



New project!! We have all accomplished many things in life. Some of those accomplishments came easy, others came as the result of plain old hard work. At Pier 55 we are working on a project to capture a bit of the valuable wisdom members of our “senior” generation have learned along the way and share it with our next generation (s). Please join us in reflecting and sharing your responses to the following question.

We look forward to reading all of your advice!

Blank surveys can be found at Pier 55 and Annadee’s Thrift Store.

*\*Note: participation is open to all “seniors”,  
not exclusively Pier 55 members.*

### **SAGE ADVICE FOR OUR NEXT GENERATION**

Your name (optional, yet encouraged): \_\_\_\_\_

Your decade of life (optional, yet encouraged; circle as applicable):

55-65      65-75      75-85      85-95      95-105

Reflect/respond in a sentence, or more...

**If you could give one piece of advice to the next generation,  
what would it be?**

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\_\_\_\_\_ (add additional pages, if needed)

Drop off OR mail your reflection to:

Red Wing Area Seniors 240 Harrison St., Ste. #2

Red Wing, MN 55066 on or before Monday, April 15<sup>th</sup>, 2024.

For more information, contact Kim Wojcik, Executive Director; [rwasdirector@gmail.com](mailto:rwasdirector@gmail.com)

OR Clare Larkin, Pier 55 member.

*Our hope is to compile all of your submissions so that we can report our findings in the July 2024 edition of the newsletter.*



## 2024 CAPE COD & THE ISLANDS OCTOBER 5TH

Brochures are available at Pier 55

For more information

Rose Propst would be happy to answer any  
questions about this fun trip:

651-301-0700

[prp22134@yahoo.com](mailto:prp22134@yahoo.com)



### Invites you to join us.

No admission fee. Just come and  
join our friendly folks.

Thursday, March 14th

Presenter: Chad Kono

Plans for a Children's Museum in Red Wing

Thursday, March 28th

Home Care Solution

Presenter: Karen Hanson, Home Instead

See front page for more details.

Meetings are the second and fourth Thursdays  
each month at 9:30 AM at Pier 55  
in the Community Room. All are welcome!

### LOCAL BUILDERS AND REAL ESTATE PROFESSIONALS SPECIALIZING IN TOWNHOUSE CONSTRUCTION.



CALL  
**651-388-4711**  
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RED WING, MN  
55066

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**Megan Simonson**  
Simonson Agency

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Cell: 651.380.0909

Fax: 763.398.4080

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[MyNationalBroker.com](http://MyNationalBroker.com)

[M.Simonson@mynationalbroker.com](mailto:M.Simonson@mynationalbroker.com)

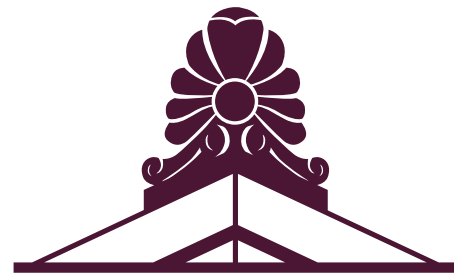


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# SHELDON THEATRE

— of —  
P E R F O R M I N G  
A R T S

ORDER TICKETS  
[sheldontheatre.org](http://sheldontheatre.org)  
651-388-8700

**443 W. 3rd Street in Red Wing**



## **SHOPPING HOURS:**

Tuesdays 10am-4pm  
 Wednesdays 10am-4pm  
 Thursdays 10am-2pm  
 Fridays 10am-2pm

Open the following  
 Saturdays 10am-2pm

3/9, 3/23  
 4/6, 4/20

321 POTTER STREET,  
 RED WING, MN  
 651-388-7031

Pier 55 Member Discount Day  
 50% off storewide with card.  
 Thursday, March 14  
 Thursday, April 25

## **DONATION HOURS:**

Tuesdays 10am-1:00pm  
 Wednesdays 10am-1:00pm  
 Fridays 10am-1:00pm

Open the following  
 Saturdays  
 10am-1pm

3/9, 3/23  
 4/6, 4/20

# **COZY KIDS**

Free coats for kids from 0-18 years of age!!!  
 Annadee's Thrift Store is giving away coats to area  
 kids in need while supplies last!

To donate: Please help us by donating any gently  
 used or new coats for kids during  
 donation hours. [www.redwingareaseniors.org](http://www.redwingareaseniors.org)  
To get a child's/teen's coat- Stop at Annadee's  
 Thrift Store during shopping hours. The only  
 requirements for a child/teen to receive coat is  
 that they are between 0-18 years of age.

Limited to 1 coat per kid. This winter  
 Red Wing Area Seniors feels strongly that any  
 child/teen in the Red Wing and surrounding area  
 has a warm coat.  
 winter coat!!

Jolene King, Store Manager  
 651-388-7031  
[rwasstore@gmail.com](mailto:rwasstore@gmail.com)

# 91

Coats given so far!





**MAHJONG**.....Mondays, 1:00 pm

**SCRABBLE**.....Wednesdays, 11:00 am

**PUZZLE CLUB** .....Wednesdays, 1:00 pm

Also, check out the puzzle exchange area in the hallway.

**Hand and Foot**

Thursdays • 9:30 am



**500 CARD CLUB** Mondays 1:00pm to 3:00pm all are welcome. No matter your age, gender, or skill level.



**BOOK CLUB FOR WOMEN**

First Friday of the month at  
10:30 am, Pier 55

March: Vanished in Vermillion

By: Lou Ragouse



## RED WING SOCIAL SINGLES

*Bridging Friendships*

Are you looking for activities and/or interested in meeting new people and having fun... (Just celebrated 30 years)

If so, consider checking out this local singles club. So, if you are widowed or single you don't have to go it alone. We have lots of activities in March!

**We meet the first Friday of the month**

**Fiesta Mexicana 1pm**

Dues are \$20 annually

If you are interested in checking out the organization, contact:

Dorothy 651-353-3850



## FMS INSURANCE ADVISORS

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**MONTHLY MEDICARE SEMINARS**  
Listed on Our Website

406 Main Street - Suite B • Red Wing, MN 55066  
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651-388-2743 • 1-866-571-2206  
[www.fmsinsuranceadvisors.com](http://www.fmsinsuranceadvisors.com)

## ACE Hardware

1264 Old West Main St.  
Red Wing, MN 55066  
(651) 388-6060

## Women's Fitness Center

Partners with  
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**Call Delores:**  
**651.388.9733**



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### INSIDE WALKING

rwasdiretor@gmail.com  
651327-2255 Come to Pier 55  
and walk the halls or make laps

in the Community Room if it is available. Walking available during regularly business hours. Also, Red Wing Area Senior has a treadmill which is available to use after completion of an orientation session. Call or email Kim for more information.

### TAI CHI

Patty Svien,  
registered physical therapist  
Cost: \$5 per session  
Call Patti for class dates and to register.  
651 380 8752, email [svien65@hbc.com](mailto:svien65@hbc.com)

### Active Older Adults Fitness (AOA)

**Mondays, Wednesdays & Friday's 9am**

First class is free! Stop in and try a class or just observe to see if it might be a good fit for you.

Instructor: Kim Wojcik

### Parkinson Wellness Recovery

Tuesdays at 2:00pm

Cost: \$5 per session

Call Patti for class dates and to register.

**651 380 8752, email [svien65@hbc.com](mailto:svien65@hbc.com)**

### Parkinson's Support Group

The 3rd Tuesday at 3:15pm, No cost,  
No registration

Parkinson Disease Support group meets monthly. You do not need to be a Pier 55 member to attend. If you have questions or you plan to attend, please call Pier 55 at 651-327-2255.



### SOUND HEALING CLASS

Join Maria for Sound Healing  
March 4th, April 1st & May 6th  
Pier 55

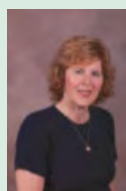
12:30-1:30 pm

\$20 per person for Pier 55 Members

\$30 per person non members

Call or stop in to register.

Instructor: Maria Voorhees-Reincke, an Intuitive Energy & Sound Healer from Lake City, Mn. I have been doing Energy Healing for 7 years & Sound Healing for over 4 years. To find out more on what I do check out my website at [MVRhealing.com](http://MVRhealing.com) MVR



### Senior Yoga for Healing Classes

**Mat Class:**

**Tuesdays 9:30 am – 10:45 am**

**Chair Class: Wednesdays**

**2:00 pm – 3:00 pm**

**Evening Yoga: Wednesday 5:30pm – 6:30pm**

**1/24 – 3/27**

**Instructor: Michele Hoffman, C-IAYT Certified  
Yoga Therapist**

**Cost is \$55 for 6 classes**

**Additional Class options:**

**Michele Hoffman, C-IAYT & Kathy Bang**  
For more than 20 years Michele Hoffman has been working with seniors to help them stay healthy, flexible and strong in order to live their best lives. Michele is a yoga therapist at Mayo Clinic Health System in the Integrative Medicine and Hospice departments where she has practiced yoga therapy for the past ten years.

To register: Call or email Michele at

651-301-1781 [Hoffman.michele@mayo.edu](mailto:Hoffman.michele@mayo.edu)



### COMO ZOO AND CONSERVATOR & U OF M RAPTOR CENTER (BALD EAGLE EXPERIENCE)

Come with and enjoy a walk-through Como Park Zoo and Conservatory to enjoy the amazing animals and stunning flowers. (you can rent your own wheelchair or scooter if needed) Of course we will then head to the U of M raptor center. Everything you have ever heard regarding the magnificence of this center true. This extension of the U of M, which is a project of the School of Veterinary Medicine, has been copied throughout the world. When injured raptors are found, they are brought to the Center so that veterinary students can practice mending their broken bones and nursing them back to health. While this is happening, the raptors are available to be seen by the public. Once the bird is healthy, they are released back into the wild, you may have seen these releases documented on T.V. We will have a personal 45-minute group program that will feature specific raptors. Part of this visit will be outdoors so dress appropriately. Last, a late lunch, on your own, at Caffe Latte on Grand Avenue.

April 17th, Departure time 9:30 am. Cost: \$60 members, \$70 non members (Register and pay by April 2nd)



### THE FABULOUS LIPITONES– SIDE KICK THEATRE IN BLOOMINGTON

**A New Comedy by John Markus and Mark St. Germain.** What happens when an a cappella quartet loses a key member to a heart-stopping high “B flat?” The three surviving members suddenly find themselves scrambling to find a tenor before the national competition. When the golden tones of “Bob” are heard through the phone the Lipitones are all ears... but when they meet him in person, he’s not quite what they expected. An uproarious comedy of misunderstanding, stereotypes and the path to perfect harmony. **“A rollicking good time from the opening scene to the final curtain call.”** - Broadway World

Location: Sidekick Theatre Bloomington. Wednesday, May 1st. Depart 9:45am and Return Approximately 4:30pm. Cost: \$79 Members, \$90 Non Members. Space is limited. Lunch is Creamy Chicken Breast, served with Roasted Red Potatoes, Glazed Carrots, Coleslaw, Dinner Rolls, Assorted Dessert– Chef’s Choice, Coffee, Decaffeinated Coffee and Hot tea. (Register and pay by April 27th)



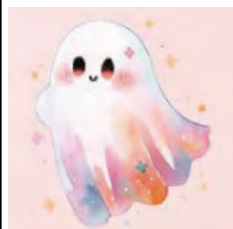
### LITTLE SHOP OF HORRORS - Guthrie Theatre

Wednesday, July 24<sup>th</sup>, Guthrie Theater 1:00pm show time. A hilarious mashup of science fiction, horror and musical theater, this cult classic boasts Motown-inspired hits like “Feed Me (Git It),” “Suddenly, Seymour” and “Little Shop of Horrors.” Randy’s Box Lunch Included. Departure & Return times TBD. Cost is \$60 members and \$80 Nonmembers.



### ST CROIX HAWAIIAN LUAU LUNCH CRUISE~

Enjoy a 2-hour cruise. A Hawaiian Lei will be given to each guest as they board. We encourage guests to dress in Hawaiian attire. Menu is: fresh fruit, braised island pork, teriyaki chicken, scallop fried rice, seasonal vegetable and Hawaiian dessert. *September 9th, Departure 10am*  
Location: Hudson, WI Cost: \$60 members, \$70 non members



### HOLY GHOST BINGO: GOBLINS & GAMES– HEYDE CENTER IN CHIPPEWA FALLS, WI

A new comedy centered around Mrs. Mary Margaret O’Brien and her efforts to raise money for her fictional local parish. It is a crazy afternoon of Halloween trivia, wacky prizes, candy, and plenty of audience interaction. Thursday, October 30<sup>th</sup> with lunch included at the show.

8:30am Departure. Location: Heyde Center in Chippewa Falls, WI.

Cost: \$60 members, \$70 non members





Circle 10 differences and submit to Pier 55  
By March 21<sup>st</sup> to be entered in a random prize drawing for \$17.00  
in RWAS CASH

Name \_\_\_\_\_

Phone # \_\_\_\_\_





## AARP DRIVERS SAFETY SCHEDULE

Below are 4 hour refresher class options; 8 hour full course class options. 8 Hour classes are for those who have never taken the course previously. The 4 hour refresher courses are for those who have already completed the 8 hour course in the past. Minnesota residents may receive a 10% discount on their auto insurance for 3 years upon completion of the class.

### 4 Hour Refresher

3/12 9-1pm

3/21 1-5pm

### 4 Hour Refresher

4/9 9-1pm

4/18 1-5pm

5/14 9-1pm

5/23 1-5pm

6/11 9-1pm

6/20 1-5pm

### 8 Hour Full Course:

3/19 & 3/20 9-1pm

5/21 & 5/22 9-1pm



## SMART DRIVER TEK

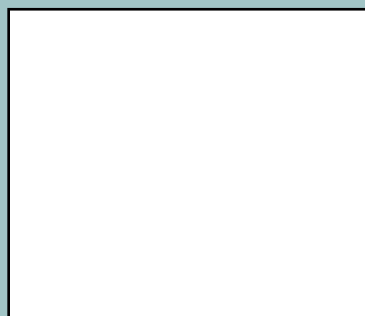
Advanced vehicle technology is keeping us safer on the road. Learn about the latest advances in the full length Smart DriverTEK online workshop.

April 23 at 10:00am

or

June 19 at 1:00pm

No cost. Call or stop in to register.



## JORDAN TOWERS

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julietollison@gmail.com

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Suzanne Grant, RN, MPH

**SPANISH CONVERSATIONS**

Facilitator: LaVoie House (Paused)

Mondays and Fridays • 10:30 a.m.

Interested in brushing up on your Spanish or  
improving your speaking skills? Join this group  
at any time. Native speakers frequently attend  
as well.

**MEDICAL EQUIPMENT LENDING**

Pier 55 is proud to offer this service to anyone  
in the community in need of medical  
equipment such as walkers, shower chairs,  
canes, wheel chairs. Equipment is lent at no  
charge, with an option for you to donate. Call  
for an appointment. 651-327-2255

**TECHNOLOGY ASSISTANCE**

Email Tom Walsh to set up an appointment for  
assistance with Google, Zoom, etc. No cost.  
[tw.2522@gmail.com](mailto:tw.2522@gmail.com)

Many of you have heard about people using  
"ZOOM." ZOOM is a video webinar/a way to stay  
connected. If you would like assistance  
learning more about how to use this, contact  
Tom Walsh for assistance. No cost.  
Or leave a message at 507-319-5632 and we  
will get back to you to schedule an appt

**NOTARY PUBLIC**

Stef can notarize your important papers  
including wills and health care directives on  
Mondays by appointment only for a minimum of  
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**TRANSPORTATION:**

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1-866-623-7505  
[hart@threeriverscap.org](mailto:hart@threeriverscap.org)

**NAPS: NUTRITIONAL ASSISTANCE PROGRAM**

*Tuesday, February 13 9:45AM*

Women and men 60 years or older, who live in  
Minnesota and meet income guidelines, may be  
eligible to receive a monthly food package. Pier 55  
is a distribution site. For more information and to  
see if you qualify, contact Channel One Food Bank  
toll-free at 1-877-500-8699, ext. 104.

**ADVOCACY SERVICES**

Dana Bergner, RN and Advocate for older adults and  
caregivers with Three Rivers Community Action, can  
assist those 60 and older and their families with  
information, referrals and resources to keep independ-  
ent. Have a question? Call Dana at 507-421-6067,  
[dbergner@threeriverscap.org](mailto:dbergner@threeriverscap.org)

**DEMENTIA CARE GIVERS  
SUPPORT GROUP**

The last Thursday of the month at 3:30pm  
Deer Crest Senior Living  
651-267-5441 [Brenda.Rofick@fairview.org](mailto:Brenda.Rofick@fairview.org)

**HOSPICE ADULT GRIEF SUPPORT GROUPS**

Either in-person or Zoom. Group participants must be at least  
three months into their journey with grief after the death of a  
loved one. Monday's, 5:30pm to 7:30pm, First Lutheran Church  
1000 Peace Ridge, Lake City

**THREE RIVERS-** Dana Bergner. I am a registered  
nurse. My contact information is  
507-421-6067 [dbergner@threeriverscap.org](mailto:dbergner@threeriverscap.org).



Thank you to our sponsor UCare!

Congrats to the winner of the  
February Challenge

Marlene Lampman!!



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Pier 55 will be offering the following  
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Family Fare cards: \$100, \$50 and \$25

Kwik Trip Gas cards : \$100, \$50, \$25

Kwik Trip Food (No alcohol or tobacco):  
\$100, \$50, \$25

To purchase gift cards please stop at the front desk  
during business hours  
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17th Annual

## 2024 Field of Honor

**SUPPORT AREA VETERANS****Field of Honor-Flag Dedication****Bay Point Park, Red Wing**

*The flags will be put on display 24 hours a day — rain or shine 5/24– 5/27*

*To designate a flag return the form below and payment to Pier 55*

Pier 55– Red Wing Area Seniors  
240 Harrison Street, Suite 2  
Red Wing, Mn 55066  
651-327-2255

I (we) wish to dedicate a flag(s):

In honor of (if veteran is still living) \_\_\_\_\_

In honor of (if veteran is still living) \_\_\_\_\_

In memory of (if veteran is deceased) \_\_\_\_\_

In memory of (if veteran is deceased) \_\_\_\_\_

**Or give in honor or memory of all veterans** \_\_\_\_\_

Dedicated by \_\_\_\_\_ (please print your name(s))

Mailing address \_\_\_\_\_

Email address \_\_\_\_\_ Phone number \_\_\_\_\_

**Each flag dedication is \$25.00 • Additional donations are greatly appreciated.**

**All proceeds go to Red Wing Area Seniors.**

**Forms and payment can be mailed or dropped off at Pier 55.**





## FLOWER BASKETS!!

Please consider SPONSORING  
A FLOWER BASKET TO BE  
HUNG IN THE WEST END DISTRICT this year. Sponsor  
for your family, business or in honor of a loved one!  
\$155 Per Basket

Name \_\_\_\_\_  
Address \_\_\_\_\_  
Phone Number \_\_\_\_\_  
In Honor Of \_\_\_\_\_  
Amount Enclosed \_\_\_\_\_

Return this completed form with payment to:  
West End District  
c/o Troy Daniels  
1264 W Main St.  
Red Wing, MN 55066

## BOARD AND STAFF

### Directors

President. . . . . Tom Walsh  
Vice-President. . . . . Jeff Marcus  
Secretary . . . . . Julie Birk-Betcher  
Treasurer . . . . . Rose Burke  
Char Rogness, Ben Stephani  
Doug Blakesley, Todd Avery

### Staff

Kim Wojcik.....Executive Director  
Stef Braun..... Program Coordinator  
Shirley Perkins.....Administrative Asst.  
Jolene King.....Annadee's Manager  
Mary Machnik... Volunteer Gift Shop Manager  
Doug Blakesley.....Talent Acquisition Volun.

### Email addresses

Kim Wojcik.....RWASdirector@gmail.com  
Stef Braun.....RWASprogram@gmail.com  
Shirley Perkins.... RWASassistant@gmail.com  
Jolene King .....RWASstore@gmail.com

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Red Wing Area Seniors Inc., Red Wing, MN

E 4C 02-1019



Check out what your Pier 55 membership does for you...

- ♦ A monthly edition of this fantastic newsletter will be mailed and/or emailed directly to you!
- ♦ Of course, our members pay less to go on our trips.
- ♦ Members get priority sign up on all trips.
- ♦ Programs are less expensive for members and some programs may be members only.
- ♦ Members can shred their documents at no cost any time during business hours.
- ♦ VIP Pier 55 members only 50% discount day at Annadee's Thrift Store. You must show your membership card for this monumental members only sale. (see page 15)
- ♦ Members get a sizable discount when they rent a room at Pier 55 for any reason.
- ♦ Educational & recreational opportunities available to all members.
- ♦ No cost outdoor recreation available to all members.
- ♦ With each annual renewal you will receive welcome letter and a membership card from Shirls Perkins.
- ♦ Part of a great organization that provides a lot of services and goods to the community!
- ♦ Support low and no cost programming like medical equipment lending and Parkinsons Support for the entire community.

## PIER 55 MEMBERSHIP

Name(s) \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_

State \_\_\_\_\_ Zip Code \_\_\_\_\_

Telephone \_\_\_\_\_

Would you like to receive your newsletter by  
Mail \_\_\_\_\_ Email \_\_\_\_\_

Email Address \_\_\_\_\_

Birthday(s) \_\_\_\_\_

New Member \_\_\_\_\_ Renewal \_\_\_\_\_

\_\_\_\_\_ **Individual Membership:** \$37

\_\_\_\_\_ **Household Membership:** \$62

(2 people to a Household)

Are you a veteran? \_\_\_\_\_

*Additional donations greatly appreciated.*

**Red Wing Area Seniors, Inc.**

**240 Harrison St, Suite 2, Red Wing, MN 55066**

## Gratitude

What is our **Legacy Giving Campaign?** Call or email - Executive Director Kim Wojcik to schedule a coffee meeting with Kim to learn more about including us in your planned giving. 651-327-2255 • [rwasdirector@gmail.com](mailto:rwasdirector@gmail.com)



Like us on Facebook. We have changed our page. You may have to 'like' us again.  
[Red Wing Area Seniors](#)

## MISSION

**Empowering active living  
and lifelong learning.**



# CALENDAR OF ACTIVITIES

## MARCH 2024



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT.
	<b>Hours of Operation</b> Monday's 9am to 4 pm Tuesday's 9am to 2 pm Wednesday's 9am to 4 pm Thursday's 9am to 2 pm Friday's 9am to 12 pm			<b>1</b> 9 am AOA 9:30 am Pottery Coffee 10:30am BOOK CLUB	<b>2</b>
<b>3</b>	<b>4</b> 9 am AOA 9:30 am Pottery Coffee 10:30Spanish conv 1 pm Mahjong 1 pm 500 cards	<b>5</b> 9:30am YOGA w/ Michele 2 pm Parkinson Wellness	<b>6</b> 9 am AOA 9:30 am Pottery Coffee 11am Scrabble 1 pm Puzzle Club 2 pm Yoga	<b>7</b> 9:30 am Hand and Foot	<b>8</b> 9 am AOA 9:30 am Pottery Coffee 1030 Spanish conv <b>9</b> THRIFT STORE OPEN
<b>10</b>	<b>11</b> 9 am AOA 9:30 am Pottery Coffee 10:30Spanish conv 1 pm Mahjong 1 pm 500 cards	<b>12</b> 9:30am YOGA w/ Michele 2 pm Parkinson Wellness	<b>13</b> 9 am AOA 9:30 am Pottery Coffee 11am Scrabble 1 pm Puzzle Club 2 pm Yoga	<b>14</b> 9:30 am Hand and Foot 9:30am Golden K Annadee's Thrift Store, Pier 55 Member Discount Day, 50% off Storewide	<b>15</b> 9 am AOA 9:30 am Pottery Coffee 1030 Spanish conv <b>16</b>
<b>17</b>	<b>18</b> 9 am AOA 9:30 am Pottery 10:30Spanish conv 1 pm Mahjong 1 pm 500 cards	<b>19</b> 9:30am YOGA w/ Michele 2 pm Parkinson Wellness	<b>20</b> 9am AOA 9:30 am Pottery Coffee 11am Scrabble 1 pm Puzzle Club 2 pm Yoga	<b>21</b> 9:30 am Hand and Foot	<b>22</b> 9 am AOA 9:30 am Pottery Coffee 1030 Spanish conv <b>23</b> THRIFT STORE OPEN
<b>24</b>	<b>25</b> 9 am AOA 9:30 am Pottery 10:30Spanish conv 1 pm Mahjong 1 pm 500 cards	<b>26</b> 9:30am YOGA w/ Michele 2 pm Parkinson Wellness	<b>27</b> 9am AOA 9:30 am Pottery Coffee 11am Scrabble 1 pm Puzzle Club 2 pm Yoga	<b>28</b> 9:30am Golden K	<b>29</b> CLOSED GOOD FRIDAY <b>30/31</b> <b>EASTER</b>

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